

Individual Best Times (All Time)

Carrie McLennan - (446884) - Dunfermline ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.03	31.40	400	02/02/14	East District Open incorporating Grand Prix	Edinburgh	SCO804	1
100 Freestyle	1:09.43	1:08.20	413	11/01/14	East District Age Group Championships	Edinburgh	SCO799	1
400 Freestyle	5:19.45	5:15.00	400	01/02/14	East District Open incorporating Grand Prix	Edinburgh	SCO804	1
50 Breaststroke	41.84	41.10	338	01/02/14	East District Open incorporating Grand Prix	Edinburgh	SCO804	1
100 Breaststroke	1:33.93	1:32.60	318	02/02/13	East District Age Group Meet	Edinburgh	SCO693	1
100 Butterfly	1:25.83	1:24.90	270	11/01/14	East District Age Group Championships	Edinburgh	SCO799	1
100 Backstroke	1:23.66	1:22.70	321	12/01/14	East District Age Group Championships	Edinburgh	SCO799	1
200 Individual Medley	2:56.48	2:54.20	364	11/01/14	East District Age Group Championships	Edinburgh	SCO799	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.79	31.50	413	27/10/13	Carnegie Winter Meet 2013	Glenrothes	SCO770	2
100 Freestyle	1:06.87	1:08.10	424	20/01/13	Carnegie Graded Meet	Dunfermline	SCO686	2
200 Freestyle	2:24.05	2:26.40	449	23/12/12	Carnegie Open Winter Meet	Dunfermline	SCO682	2
400 Freestyle	5:01.44	5:06.10	451	22/06/13	East Lothian Distance Meet	Prestonpans	SCO742	2
800 Freestyle	10:26.55	10:35.70	442	08/06/13	InCas Distance Meet	Dunfermline	SCO735	2
50 Breaststroke	39.85	40.60	360	31/08/13	Dunedin Challenge Meet	Dunfermline	SCO749	2
100 Breaststroke	1:27.31	1:28.70	364	22/12/12	Carnegie Open Winter Meet	Dunfermline	SCO682	2
200 Breaststroke	3:10.49	3:13.20	352	08/06/13	InCas Distance Meet	Dunfermline	SCO735	2
50 Butterfly	35.78	36.30	316	01/09/13	Dunedin Challenge Meet	Dunfermline	SCO749	2
100 Butterfly	1:22.94	1:23.90	276	27/10/13	Carnegie Winter Meet 2013	Glenrothes	SCO770	2
50 Backstroke	37.13	37.70	314	17/11/12	InCAS Sprints Gala 2012	Dunfermline	SCO666	2
100 Backstroke	1:22.80	1:23.80	291	01/09/12	Dunedin Swim Team Challenge Meet	Glenrothes	SCO644	2
200 Backstroke	2:48.65	2:50.60	350	26/10/13	Carnegie Winter Meet 2013	Glenrothes	SCO770	2
200 Individual Medley	2:47.20	2:49.50	387	23/12/12	Carnegie Open Winter Meet	Dunfermline	SCO682	2
100 Individual Medley	1:18.71	1:18.70	370	26/10/13	Carnegie Winter Meet 2013	Glenrothes	SCO770	2