

Individual Best Times (All Time)

Elliot Heath - (445352) - Ledbury & Malvern SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.01	26.20	463	28/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
100 Freestyle	59.10	57.70	498	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
200 Freestyle	2:12.45	2:09.80	456	15/06/14	Midland Age Group Championships 2014	Coventry	WMR415	1
400 Freestyle	4:45.39	4:40.40	458	07/06/14	Midland Age Group Championships 2014	Coventry	WMR414	1
1500 Freestyle	18:29.37	18:10.60	484	15/06/14	Midland Age Group Championships 2014	Coventry	WMR415	1
100 Breaststroke	1:32.58	1:31.20	231	14/04/13	City of Bristol Level One Open Meet	Bristol	SW3227	1
200 Breaststroke	3:08.87	3:06.00	293	18/01/14	Exeter January Meet	Cardiff	WAL542	1
100 Backstroke	1:28.12	1:27.20	200	12/01/13	Exeter City Open Meet	Cardiff	SW3110	1
200 Backstroke	2:54.38	2:52.50	264	14/04/13	City of Bristol Level One Open Meet	Bristol	SW3227	1
200 Individual Medley	2:29.28	2:26.60	445	28/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
400 Individual Medley	5:23.71	5:18.20	420	07/02/15	Aquae Sulis Spring Grand Prix	Bristol	SW150009	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.80	27.60	425	12/04/15	Gloucester City Level 2 April Open Meet	Gloucester	SW150202	2
100 Freestyle	58.08	59.50	460	11/04/15	Gloucester City Level 2 April Open Meet	Gloucester	SW150202	2
200 Freestyle	2:05.87	2:08.60	492	12/04/15	Gloucester City Level 2 April Open Meet	Gloucester	SW150202	2
400 Freestyle	4:33.64	4:38.70	466	17/10/15	GCSC Level 2 October Meet	Gloucester	SW150758	2
1500 Freestyle	18:20.72	18:39.30	455	16/03/14	Worcester County Championships	Hereford	CC4003	2
50 Breaststroke	35.57	36.40	345	22/11/15	City of Hereford Open Meet	Hereford	WM150479	3
100 Breaststroke	1:16.29	1:17.90	380	31/01/16	Worcester County SA County Championships	Wolverhampton	WM160093	2
200 Breaststroke	2:45.30	2:48.50	384	22/11/15	City of Hereford Open Meet	Hereford	WM150479	3
50 Butterfly	30.03	30.70	379	30/01/16	Worcester County SA County Championships	Wolverhampton	WM160093	2
100 Butterfly	1:07.87	1:09.00	348	18/10/15	GCSC Level 2 October Meet	Gloucester	SW150758	2
50 Backstroke	32.08	32.70	327	08/03/15	Worcester County Age Group Championships	Wolverhampton	CC150052	2
100 Backstroke	1:09.07	1:10.20	342	21/11/15	City of Hereford Open Meet	Hereford	WM150479	3
200 Backstroke	2:28.02	2:30.30	363	08/03/15	Worcester County Age Group Championships	Wolverhampton	CC150052	2
200 Individual Medley	2:24.23	2:26.90	439	17/10/15	GCSC Level 2 October Meet	Gloucester	SW150758	2
400 Individual Medley	5:11.86	5:17.40	426	07/02/16	Worcester County SA County Championships	Wolverhampton	WM160094	2
100 Individual Medley	1:08.58	1:08.60	371	14/03/15	Worcester County Age Group Championships	Wolverhampton	CC150053	2