

Individual Best Times (All Time)

Sarah Beasley - (444253) - Witham Dolphins SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.93	34.50	308	18/06/11	Witham Dolphins Club Championships	Witham	ER1363	4
100 Freestyle	1:17.63	1:18.70	271	10/12/11	Witham Dolphins Club Championships	Witham	ER1671	4
200 Freestyle	2:54.06	2:56.00	254	09/11/14	Witham Dolphins Club Championships	Witham	ER14304	4
400 Freestyle	6:10.12	6:13.90	244	18/06/11	Witham Dolphins Club Championships	Witham	ER1363	4
800 Freestyle	12:46.17	12:53.70	241	19/06/11	Witham Dolphins Club Championships	Witham	ER1363	4
50 Breaststroke	44.16	44.90	265	08/06/13	Witham Dolphins SC Club Summer Championships	Witham	ER3512	4
100 Breaststroke	1:41.69	1:42.90	230	15/11/14	Witham Dolphins Club Championships	Witham	ER14305	3
200 Breaststroke	3:49.89	3:52.20	200	10/12/11	Witham Dolphins Club Championships	Witham	ER1671	4
50 Butterfly	39.75	40.20	230	08/06/13	Witham Dolphins SC Club Summer Championships	Witham	ER3512	4
100 Butterfly	1:38.98	1:39.70	162	10/12/11	Witham Dolphins Club Championships	Witham	ER1671	4
50 Backstroke	43.69	44.10	193	22/05/10	Canvey Island Sprint Meet	Grays Essex	ER0194	3
100 Backstroke	1:39.43	1:40.20	168	10/12/11	Witham Dolphins Club Championships	Witham	ER1671	4
200 Individual Medley	3:26.54	3:28.40	205	10/12/11	Witham Dolphins Club Championships	Witham	ER1671	4
100 Individual Medley	1:31.70	1:31.70	234	22/05/10	Canvey Island Sprint Meet	Grays Essex	ER0194	3