

Individual Best Times (All Time)

Ilid Roberts - (443928) - Llandudno Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.34	31.70	389	12/01/14	British Gas Swim Wales New Year Meet	Swansea	WAL540	1
100 Freestyle	1:11.43	1:10.20	379	12/01/14	British Gas Swim Wales New Year Meet	Swansea	WAL540	1
50 Butterfly	44.28	43.80	167	25/06/11	City of Liverpool Summer Meet 2011	Liverpool	NW1026	1
100 Butterfly	1:24.27	1:23.40	285	29/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	WAL483	1
50 Backstroke	39.15	38.60	322	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	NW4453	3
100 Backstroke	1:25.96	1:25.00	296	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	NW4453	3
200 Backstroke	3:03.25	3:01.40	303	11/01/14	British Gas Swim Wales New Year Meet	Swansea	WAL540	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.68	32.30	379	02/02/14	Swim Wales North Region Championships	Llandudno	WAL545	2
100 Freestyle	1:10.41	1:11.60	363	01/02/14	Swim Wales North Region Championships	Llandudno	WAL545	2
200 Freestyle	2:39.35	2:41.50	331	07/12/14	Swim Wales North Sub Regionals	Llandudno	WAL613	4
50 Breaststroke	58.95	59.50	111	29/05/10	Conwyn Whitsun Meet	Llandudno	WAL302	4
100 Breaststroke	2:00.18	2:01.20	139	14/05/11	Swim Wales North Junior Development Meet	Llandudno	WAL356	4
50 Butterfly	38.74	39.20	249	25/05/14	Swim Conway Whitsun Meet	Llandudno	WAL570	2
100 Butterfly	1:21.79	1:22.70	288	20/10/12	Conwy Autumn Meet 2012	LLandudno	WAL457	2
200 Butterfly	3:21.37	3:22.90	209	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
50 Backstroke	43.07	43.50	201	21/05/11	Conwyn Whitsun Meet	Llandudno	WAL363	1
100 Backstroke	1:20.62	1:21.60	315	08/12/13	BG Swim Wales North Sub Regional Champs	Llandudno	WAL536	4
200 Backstroke	2:56.95	2:58.80	303	01/02/14	Swim Wales North Region Championships	Llandudno	WAL545	2
200 Individual Medley	3:04.40	3:06.50	288	29/09/13	Swim Conway Closed Invitation Meet	Llandudno	WAL518	4
100 Individual Medley	1:22.32	1:22.30	323	25/05/14	Swim Conway Whitsun Meet	Llandudno	WAL570	2