

# Individual Best Times (All Time)

Anna Jones - (443924) - Llandudno Swimming

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.56	34.20	318	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
100 Freestyle	1:13.54	1:14.70	319	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
200 Freestyle	2:41.47	2:43.60	318	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
400 Freestyle	5:47.28	5:51.30	295	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
800 Freestyle	12:05.18	12:13.10	285	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
50 Breaststroke	44.05	44.80	267	16/10/11	Conwyn Autumn Meet	Llandudno	WAL387	2
100 Breaststroke	1:28.07	1:29.50	355	03/02/13	SWNR Regional Championships	Llandudno	WAL475	2
200 Breaststroke	3:08.97	3:11.70	361	10/02/13	SWNR Regional Championships	Llandudno	WAL476	2
50 Butterfly	41.38	41.80	204	15/10/11	Conwyn Autumn Meet	Llandudno	WAL387	2
100 Butterfly	1:25.32	1:26.20	254	26/05/12	Swim Conwy Whitsun Meet	Llandudno	WAL432	2
200 Butterfly	3:11.59	3:13.20	243	25/11/12	BG Swim Wales North 2012 Sub Regional	Llandudno	WAL465	4
50 Backstroke	40.42	40.90	243	15/10/11	Conwyn Autumn Meet	Llandudno	WAL387	2
100 Backstroke	1:20.71	1:21.70	314	09/02/13	SWNR Regional Championships	Llandudno	WAL476	2
200 Backstroke	3:02.20	3:04.00	278	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
200 Individual Medley	2:54.66	2:56.90	339	25/11/12	BG Swim Wales North 2012 Sub Regional	Llandudno	WAL465	4
100 Individual Medley	1:20.85	1:20.80	341	26/05/12	Swim Conwy Whitsun Meet	Llandudno	WAL432	2