

# Individual Best Times (All Time)

Richard Faulkner - (442019) - South Ayrshire ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.38	31.70	269	30/01/10	Scottish Schools Champs	Tollcross	SCO408	1
100 Freestyle	57.50	56.00	541	29/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
200 Freestyle	2:06.19	2:03.40	528	07/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO991	2
400 Freestyle	4:24.37	4:19.00	576	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
800 Freestyle	9:36.94	9:26.80	481	13/04/13	SG National Age Group Championships	Edinburgh	SCO710	1
50 Butterfly	30.87	30.30	375	11/05/13	Celtic Tri Nations 2013	East Kilbride	INT281	1
100 Butterfly	1:03.73	1:02.50	467	08/03/15	SASA West District SAG Championship	East Kilbride	SCO949	1
200 Butterfly	2:23.14	2:20.90	458	25/06/15	Scottish National Open Championships	Glasgow	SCO1005	1
100 Backstroke	1:07.14	1:05.90	453	07/03/15	SASA West District SAG Championship	East Kilbride	SCO949	1
200 Backstroke	2:20.84	2:18.50	501	27/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
200 Individual Medley	2:21.70	2:18.90	520	29/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
400 Individual Medley	5:09.39	5:03.70	481	01/03/14	SASA West District Open SAG Champs	East Kilbride	SCO814	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.80	26.60	477	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
100 Freestyle	56.44	57.90	501	27/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	SCO830	2
200 Freestyle	2:01.19	2:04.00	551	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
400 Freestyle	4:20.17	4:25.50	542	26/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	SCO830	2
800 Freestyle	9:13.14	9:23.50	515	30/08/14	North Ayrshire Distance Meet	Auchenharvie	SCO871	2
1500 Freestyle	17:50.46	18:09.50	495	08/09/13	North Ayrshire Distance Meet	Auchenharvie	SCO752	2
50 Breaststroke	42.50	43.20	202	04/09/11	SASA West District Group 5 Championships	Ayr	SCO541	1
100 Breaststroke	1:13.83	1:15.50	419	02/11/14	SASA West District SAG Championships	Ayr	SCO894	1
50 Butterfly	28.91	29.60	425	06/09/14	2014 SASA West District SC SR Championships	Bellshill	SCO878	2
100 Butterfly	1:02.60	1:03.80	444	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
200 Butterfly	2:17.98	2:20.20	464	12/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
50 Backstroke	30.74	31.40	372	07/09/14	2014 SASA West District SC SR Championships	Bellshill	SCO878	2
100 Backstroke	1:04.17	1:05.40	427	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
200 Backstroke	2:16.60	2:19.00	462	27/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	SCO830	2
200 Individual Medley	2:20.80	2:23.60	472	30/08/14	North Ayrshire Distance Meet	Auchenharvie	SCO871	2
400 Individual Medley	4:57.99	5:03.80	489	31/08/14	North Ayrshire Distance Meet	Auchenharvie	SCO871	2
100 Individual Medley	1:03.98	1:04.00	456	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1