

Individual Best Times (All Time)

Jayden Gough - (441131) - Hart Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.57	29.90	320	07/07/12	Rushmoor Royals SC Summer Festival	Aldershot	SE2390	3
100 Freestyle	1:05.67	1:04.40	363	08/07/12	Rushmoor Royals SC Summer Festival	Aldershot	SE2390	3
200 Freestyle	2:17.81	2:15.30	405	08/07/12	Rushmoor Royals SC Summer Festival	Aldershot	SE2390	3
400 Freestyle	4:55.28	4:50.50	413	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	SE1586	1
800 Freestyle	10:18.56	10:09.10	390	15/10/11	Rushmoor Royals Distance Meet	Aldershot	SE1584	1
50 Breaststroke	48.14	47.50	156	18/01/09	Rushmoor Royals New Yr Mt	Aldershot	SE9021	3
50 Butterfly	33.42	32.80	295	16/03/13	Hampshire 50 Fly	Portsmouth	SE3484	4
100 Butterfly	1:15.14	1:14.10	285	08/07/12	Rushmoor Royals SC Summer Festival	Aldershot	SE2390	3
200 Butterfly	2:51.25	2:49.40	267	07/07/12	Rushmoor Royals SC Summer Festival	Aldershot	SE2390	3
50 Backstroke	40.16	39.70	201	17/01/09	Rushmoor Royals New Yr Mt	Aldershot	SE9021	3
100 Backstroke	1:24.46	1:23.50	228	18/01/09	Rushmoor Royals New Yr Mt	Aldershot	SE9021	3
200 Backstroke	2:42.13	2:40.10	328	30/10/11	Rushmoor Royals 9th Autumn Open Meet	Aldershot	SE1586	1
200 Individual Medley	3:00.84	2:58.60	250	17/01/09	Rushmoor Royals New Yr Mt	Aldershot	SE9021	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.01	30.70	303	10/11/12	Hart SC Club Championships	Fleet	SE2800	4
100 Freestyle	1:04.44	1:05.70	336	03/11/12	Hart SC Club Championships	Fleet	SE2800	4
200 Freestyle	2:22.22	2:24.60	341	20/11/11	Hart Club Championships	Fleet	SE1641	4
400 Freestyle	4:46.72	4:51.60	405	24/11/12	Hart SC Club Championships	Fleet	SE2800	4
50 Breaststroke	40.23	41.00	238	24/11/12	Hart SC Club Championships	Fleet	SE2800	4
100 Breaststroke	1:30.26	1:31.60	229	22/01/12	Hart Club Championships	Fleet	SE2158	4
200 Breaststroke	3:21.42	3:24.00	212	30/01/11	Hart Top Talent & Club Championships	Fleet	SE1073	4
50 Butterfly	33.04	33.60	285	10/11/12	Hart SC Club Championships	Fleet	SE2800	4
100 Butterfly	1:14.11	1:15.10	267	03/11/12	Hart SC Club Championships	Fleet	SE2800	4
200 Butterfly	2:47.73	2:49.60	258	23/11/12	Hart SC Club Championships	Fleet	SE2800	4
50 Backstroke	34.92	35.50	253	24/11/12	Hart SC Club Championships	Fleet	SE2800	4
100 Backstroke	1:16.35	1:17.40	253	18/12/11	City of Southampton Christmas Open Meet	Southampton	SE1505	3
200 Backstroke	2:30.82	2:33.00	343	03/11/12	Hart SC Club Championships	Fleet	SE2800	4
200 Individual Medley	2:50.90	2:53.20	263	27/11/10	Guildford County Qualifer	Guildford	SE0094	2
100 Individual Medley	1:15.88	1:15.90	273	23/11/12	Hart SC Club Championships	Fleet	SE2800	4