

Individual Best Times (All Time)

Reece Nicholls - (440315) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.69	24.90	539	06/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
100 Freestyle	55.36	53.80	606	21/01/17	Essex Age Group Championships 2017	Basildon	ER170025	1
200 Freestyle	1:58.18	1:55.20	642	01/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1
400 Freestyle	4:12.67	4:07.10	660	05/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
1500 Freestyle	18:30.21	18:11.50	482	22/11/13	Essex Winter Long Course Competition	Basildon	ER3696	1
50 Breaststroke	33.39	32.40	469	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Breaststroke	1:14.27	1:12.60	449	24/01/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Breaststroke	2:49.15	2:46.00	408	08/06/14	London Region Age Group Championships	Stratford	LRX407	1
50 Butterfly	27.68	27.00	520	04/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1
100 Butterfly	1:02.48	1:01.30	495	21/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Butterfly	2:24.21	2:22.00	447	24/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
50 Backstroke	28.71	28.00	551	03/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1
100 Backstroke	1:00.63	59.30	616	04/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1
200 Backstroke	2:12.43	2:09.90	603	05/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1
200 Individual Medley	2:18.00	2:15.10	563	06/08/15	ASA Summer Nationals 2015	Sheffield	ASA142	1
400 Individual Medley	5:01.53	4:55.70	520	03/05/15	London Region Summer Championships	Crystal Palace	LR150561	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.02	25.80	523	17/12/15	ASA Winter Meet	Sheffield	ASA146	2
100 Freestyle	53.73	55.30	581	30/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2
200 Freestyle	1:55.31	1:58.30	639	05/11/16	East Swimming 2016 SC Championships	Luton	ER161979	2
400 Freestyle	4:07.34	4:12.90	631	27/11/16	Basildon & Phoenix Club Championships	Basildon	ER161269	4
1500 Freestyle	17:04.55	17:24.50	564	29/11/14	Enfield Swim Squad Time Trials	Enfield	LR14501	4
50 Breaststroke	33.21	34.10	424	15/02/15	Middlesex County Championships 2015	Barnet	CC150223	2
100 Breaststroke	1:12.68	1:14.40	440	06/12/14	London Region Winter Championships	London	LRX425	2
200 Breaststroke	2:39.61	2:42.90	426	06/12/14	London Region Winter Championships	London	LRX425	2
50 Butterfly	27.74	28.40	482	02/12/16	Basildon & Phoenix Club Championships 2016	Basildon	ER160485	4
100 Butterfly	1:00.28	1:01.50	497	08/10/16	NASL London	Hatfield	ER162316	3
200 Butterfly	2:22.44	2:24.60	422	17/01/15	Middlesex County Championships 2015	Hendon	CC150221	2
50 Backstroke	28.35	29.00	474	30/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2
100 Backstroke	59.74	1:01.10	529	29/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2
200 Backstroke	2:10.31	2:12.80	532	29/11/15	Basildon & Phoenix Club Championships 2015	Basildon	ER150960	4
200 Individual Medley	2:13.27	2:16.20	556	29/10/16	Essex Senior Winter Championships 2016	Basildon	ER161065	2
400 Individual Medley	4:57.62	5:03.50	491	16/11/14	London Boro of Enfield 200 400 Meet	Enfield	LR14544	4
100 Individual Medley	1:03.09	1:03.10	476	27/09/15	London Borough of Enfield SA 50 100 Meet	Enfield	LR151763	4