

# Individual Best Times (All Time)

Jacob Lea - (436454) - Trafford Metro Bor SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.05	23.20	657	16/04/16	British Championships 2016	Glasgow	ASA147	1
100 Freestyle	53.64	52.10	666	14/05/17	Manchester Open Meet 2017	Manchester	NW170107	1
200 Freestyle	2:24.67	2:22.20	350	17/03/12	Lancashire County Championships	Manchester	CC2016	1
50 Butterfly	24.93	24.20	712	13/12/17	Swim England Winter Championships 2017	Sheffield	ASA154	1
100 Butterfly	58.29	57.00	610	14/05/17	Manchester Open Meet 2017	Manchester	NW170107	1
200 Butterfly	2:49.10	2:47.20	277	26/03/11	Lancashire County Championships	Liverpool	CC1017	1
50 Backstroke	37.50	37.00	247	09/04/11	Lancashire County Championships	Manchester	CC1018	1
200 Backstroke	3:14.31	3:12.60	191	09/03/08	Lancashire County Champs	Manchester	CC8019	2
200 Individual Medley	2:27.94	2:25.30	457	29/01/17	Lancashire County Championships	Manchester	NW170199	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.40	24.30	639	11/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
100 Freestyle	53.38	54.90	592	27/11/16	Wigan BEST Future Stars Open Meet	Wigan	NW161516	2
200 Freestyle	2:01.46	2:04.30	547	15/11/16	Southport Club Championships	Southport	NW162271	4
400 Freestyle	5:20.07	5:24.40	291	03/09/10	City of Liverpool Tadpole	Liverpool	NW0604	4
50 Breaststroke	32.39	33.30	457	10/11/16	Southport Club Championships	Southport	NW162270	4
50 Butterfly	24.86	25.60	669	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Butterfly	57.89	59.20	562	21/10/17	Liverpool & District Age Group & Swimming Champs	Knowsley	NW172025	2
200 Butterfly	2:53.01	2:54.80	235	12/02/11	Liverpool & District Age Group & Champions	Liverpool	NW1089	2
50 Backstroke	29.22	29.90	433	10/11/16	Southport Club Championships	Southport	NW162270	4
200 Backstroke	3:13.03	3:14.80	163	09/02/08	Liverpool & District	Liverpool	NW8034	2
200 Individual Medley	2:22.25	2:25.00	457	17/11/16	Southport Club Championships	Southport	NW162272	4