

# Individual Best Times (All Time)

Christopher Smith - (436333) - Hoddesdon SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.00	26.20	464	07/12/13	ASA East Regionals Winter Championships	Norwich	ERX328	1
100 Freestyle	1:00.66	59.30	460	08/04/12	UEA City of Norwich Easter Meet	Norwich	ER2006	1
50 Breaststroke	30.84	29.80	595	11/03/16	Edinburgh International Meet	Edinburgh	SCO1099	1
100 Breaststroke	1:07.89	1:06.00	588	02/05/15	ASA East Region Summer Championships Weekend 1	Luton	ER150672	1
200 Breaststroke	2:28.93	2:25.40	598	02/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1
50 Butterfly	28.68	28.00	468	07/12/13	ASA East Regionals Winter Championships	Norwich	ERX328	1
100 Butterfly	1:08.02	1:06.90	384	16/12/12	Basildon & Phoenix LC Winter Meet	Basildon	ER2624	1
200 Individual Medley	2:24.40	2:21.60	492	05/10/14	Robin Hood Open Meet 2014	Sheffield	EM4455	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.97	26.80	467	10/06/16	Hoddesdon Club Championships	Hoddesdon	ER161187	4
100 Freestyle	58.35	59.80	453	25/03/12	Hertfordshire ASA County Championships	Borehamwood	CC2105	2
200 Freestyle	2:08.55	2:11.20	461	17/06/14	Hoddesdon SC Club Championships	Hoddesdon	ER4805	4
400 Freestyle	4:37.97	4:43.00	445	16/06/14	Hoddesdon SC Club Championships	Hoddesdon	ER4805	4
50 Breaststroke	30.37	31.40	554	08/11/15	ASA East Region Winter Championships 2015	Luton	ER151653	2
100 Breaststroke	1:05.05	1:07.00	613	07/11/15	ASA East Region Winter Championships 2015	Luton	ER151653	2
200 Breaststroke	2:29.33	2:32.80	521	21/03/15	Hertfordshire County Championships	Borehamwood	CC150273	2
50 Butterfly	27.75	28.40	481	13/06/16	Hoddesdon Club Championships	Hoddesdon	ER161187	4
100 Butterfly	1:02.10	1:03.30	455	22/03/15	Hertfordshire County Championships	Borehamwood	CC150273	2
200 Butterfly	2:42.85	2:44.80	282	27/06/11	Hoddesdon Club Championships	Hoddesdon	ER2405	4
50 Backstroke	31.41	32.00	348	17/10/14	Hoddesdon Club Championships	Hoddesdon	ER14553	4
100 Backstroke	1:10.72	1:11.80	319	18/10/13	Hoddesdon SC Sprint Club Championships	Hoddesdon	ER3567	4
200 Backstroke	2:36.79	2:38.90	305	27/06/11	Hoddesdon Club Championships	Hoddesdon	ER2405	4
200 Individual Medley	2:17.95	2:20.80	501	06/12/14	ASA East Region Winter Championships	Luton	ERX432	2
400 Individual Medley	5:15.49	5:21.00	412	17/03/12	Hertfordshire County Championships	Borehamwood	CC2104	2
100 Individual Medley	1:03.48	1:03.50	467	07/07/15	Hoddesdon Club Championships 2015	Hoddesdon	ER151232	4