

Individual Best Times (All Time)

Mikeala Gore - (433861) - Witham Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.45	28.70	515	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	ER4489	3
100 Freestyle	1:05.44	1:04.10	493	24/11/13	Essex Winter Long Course Competition	Basildon	ER3696	1
50 Breaststroke	37.99	37.20	452	25/11/12	Essex Winter Long Course Championships	Basildon	ER2650	1
100 Breaststroke	1:27.81	1:26.40	389	24/11/12	Essex Winter Long Course Championships	Basildon	ER2650	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.14	29.80	487	30/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
100 Freestyle	1:03.08	1:04.40	505	15/03/14	Essex County Championships	Basildon	CC4040	2
200 Freestyle	2:21.75	2:24.20	471	25/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
400 Freestyle	5:00.71	5:05.30	455	10/11/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
800 Freestyle	10:34.19	10:43.20	426	15/06/14	Witham Dolphins Club Championships	Witham	ER4659	4
50 Breaststroke	37.29	38.10	440	30/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
100 Breaststroke	1:23.83	1:25.30	411	29/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
200 Breaststroke	3:09.89	3:12.70	355	04/12/11	Canvey Island Annual Winter Meet	Thurrock	ER1519	3
50 Butterfly	34.14	34.70	364	15/02/14	Essex County Age Groups Championships	Basildon	CC4039	2
100 Butterfly	1:21.75	1:22.70	289	20/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
50 Backstroke	37.27	37.80	310	20/05/12	Witham Dolphins SC Summer Club Champs	Witham	ER2329	4
100 Backstroke	1:19.09	1:20.10	334	20/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
200 Individual Medley	2:42.88	2:45.30	418	23/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
100 Individual Medley	1:12.57	1:12.60	472	30/03/14	Essex County Age Groups Championships	Basildon	CC4042	2