

Individual Best Times (All Time)

Ella Ellis - (429587) - Tavistock SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.38	29.70	469	18/11/12	The Aquae Sulis Grand Prix 2012	Bristol	SW2525	1
100 Freestyle	1:05.14	1:03.80	500	18/11/12	The Aquae Sulis Grand Prix 2012	Bristol	SW2525	1
200 Freestyle	2:19.97	2:17.50	524	17/11/12	The Aquae Sulis Grand Prix 2012	Bristol	SW2525	1
400 Freestyle	4:52.44	4:47.60	521	16/06/12	British Gas South West Region AG Champs	Millfield	SWR206	1
800 Freestyle	10:03.40	9:53.70	518	09/06/12	British Gas ASA SWR Age Groups Champs	Millfield	SWR205	1
1500 Freestyle	21:22.96	21:06.70	369	22/01/10	Exeter City New Year Meet	Millfield	SW0079	1
50 Breaststroke	48.16	47.50	221	04/12/09	Team Bath Bernie Nicol Mt	Bath	SW9795	3
100 Breaststroke	1:32.00	1:30.60	338	12/01/13	Exeter City Open Meet	Cardiff	SW3110	1
50 Butterfly	31.82	31.20	452	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	NE3171	1
100 Butterfly	1:10.71	1:09.60	483	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	NE3171	1
200 Butterfly	2:36.71	2:34.70	469	19/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	NE2027	1
50 Backstroke	41.37	40.90	273	04/12/09	Team Bath Bernie Nicol Mt	Bath	SW9795	3
100 Backstroke	1:27.04	1:26.10	285	04/07/10	Cardiff International Open	Cardiff	WAL307	1
200 Backstroke	2:59.58	2:57.70	322	18/12/10	Plymouth Leander Open	Millfield	SW0807	1
200 Individual Medley	2:47.17	2:44.80	429	12/01/13	Exeter City Open Meet	Cardiff	SW3110	1
400 Individual Medley	5:43.62	5:38.50	463	10/06/12	British Gas ASA SWR Age Groups Champs	Millfield	SWR205	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.52	30.20	468	21/02/13	Devon County Championships	Plymouth	CC3016	2
100 Freestyle	1:03.88	1:05.20	486	16/02/13	Devon County Championships	Plymouth	CC3014	2
200 Freestyle	2:14.50	2:17.10	551	02/12/12	ASA South West Regional Championships	Street	SWR230	2
400 Freestyle	4:44.66	4:49.50	536	17/02/13	Devon County Championships	Plymouth	CC3014	2
800 Freestyle	9:46.22	9:56.00	540	08/10/12	City of Plymouth Annual Swim Meet 2012	Plymouth	SW2499	3
1500 Freestyle	21:08.36	21:24.60	367	21/11/09	Devon County Reverse Gala	Kingsbridge	CC0060	2
50 Breaststroke	48.12	48.80	204	28/06/09	ASASWR Sprint Competition	Gloucester	SW9109	3
100 Breaststroke	1:26.11	1:27.60	379	03/03/13	Devon County Championships	Plymouth	CC3015	2
200 Breaststroke	3:32.19	3:34.70	255	07/02/10	Devon County Champs	Plymouth	CC0061	2
50 Butterfly	31.65	32.20	457	08/10/12	City of Plymouth Annual Swim Meet 2012	Plymouth	SW2499	3
100 Butterfly	1:09.07	1:10.20	479	07/10/12	City of Plymouth Annual Swim Meet 2012	Plymouth	SW2499	3
200 Butterfly	2:34.95	2:37.00	459	06/10/12	City of Plymouth Annual Swim Meet 2012	Plymouth	SW2499	3
50 Backstroke	42.79	43.30	205	28/06/09	ASASWR Sprint Competition	Gloucester	SW9109	3
100 Backstroke	1:24.51	1:25.50	274	19/07/09	Plymouth Leander SC Meet	Plymouth	SW9165	3
200 Backstroke	2:52.58	2:54.50	327	24/07/10	Plymouth Leander Open	Plymouth	SW0397	3
200 Individual Medley	2:38.07	2:40.50	458	07/10/12	City of Plymouth Annual Swim Meet 2012	Plymouth	SW2499	3
400 Individual Medley	5:34.34	5:39.60	464	11/03/12	Devon County Championships	Plymouth	CC2028	2
100 Individual Medley	1:20.36	1:20.40	347	01/10/11	City of Plymouth Annual Meet	Plymouth	SW1409	3