

Individual Best Times (All Time)

Grace Baker - (427711) - Staines Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.91	28.20	544	04/05/13	BG South East Region Youth Champs	Crawley	SER301	1
100 Freestyle	1:03.11	1:01.80	550	04/05/14	ASA South East Region Youth Championships	Crawley	SER416	1
200 Freestyle	2:19.52	2:17.00	529	18/11/12	Crawley Not So Early Bird Meet	Crawley	SE2304	1
400 Freestyle	4:55.19	4:50.40	506	28/05/11	BG South East Region Age Group Championshi	Crawley	SER113	1
50 Breaststroke	36.47	35.60	511	15/12/12	Hillingdon SC Level 1 Winter Open Meet	Hillingdon	LR2549	1
100 Breaststroke	1:22.96	1:21.40	461	04/05/13	BG South East Region Youth Champs	Crawley	SER301	1
200 Breaststroke	3:06.28	3:03.40	402	11/06/11	BG South East Region Age Group Championshi	Crawley	SER114	1
200 Individual Medley	2:42.58	2:40.10	466	18/12/11	Northampton Winter Festival Open Meet	Corby	EM1466	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.30	29.00	531	01/02/14	Hatfield Valentines Meet	Hertfordshire	ER4265	3
100 Freestyle	1:01.54	1:02.90	544	14/03/13	Middlesex County Championships	Enfield	CC3094	2
200 Freestyle	2:11.30	2:13.90	592	13/05/12	Hatfield SC UK Challenge	Hatfield	ER2331	2
400 Freestyle	4:38.76	4:43.70	571	12/05/12	Hatfield SC UK Challenge	Hatfield	ER2331	2
50 Breaststroke	35.56	36.40	507	12/03/13	Middlesex County Championships	Enfield	CC3093	2
100 Breaststroke	1:18.32	1:19.90	504	11/03/13	Middlesex County Championships	Enfield	CC3093	2
200 Breaststroke	3:04.21	3:07.10	389	17/07/11	Staines Black Swan Summer Meet	Elmbridge	SE1535	3
50 Butterfly	34.36	34.90	357	04/02/12	Hatfield UKC Valentines Meet	Hatfield	ER2163	2
100 Butterfly	1:16.10	1:17.10	358	24/09/12	Staines Club Championship	Spelthorne	SE2521	4
50 Backstroke	35.76	36.30	352	04/02/12	Hatfield UKC Valentines Meet	Hatfield	ER2163	2
100 Backstroke	1:15.03	1:16.10	391	04/02/12	Hatfield UKC Valentines Meet	Hatfield	ER2163	2
200 Backstroke	2:42.56	2:44.60	391	12/03/11	Middlesex County Championships	Enfield	CC1104	2
200 Individual Medley	2:33.67	2:36.20	498	11/03/13	Middlesex County Championships	Enfield	CC3093	2
400 Individual Medley	5:42.38	5:47.50	432	27/09/12	Staines Club Championship	Spelthorne	SE2521	4
100 Individual Medley	1:12.21	1:12.20	479	24/09/12	Staines Club Championship	Spelthorne	SE2521	4