

Individual Best Times (All Time)

Harriet Bates - (426295) - Market Harborough SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|----------|-----------------|-----------|----------|--|--------------|----------|-------|
| 50 Freestyle | 30.71 | 30.00 | 454 | 25/07/15 | City of Sheffield Summer Meet | Sheffield | NE150209 | 3 |
| 100 Freestyle | 1:07.40 | 1:06.10 | 451 | 26/07/15 | City of Sheffield Summer Meet | Sheffield | NE150209 | 3 |
| 200 Freestyle | 2:22.76 | 2:20.30 | 493 | 07/03/15 | Leicestershire County Age Groups & Championships | Loughborough | CC150152 | 1 |
| 400 Freestyle | 6:10.62 | 6:06.80 | 256 | 10/07/11 | Northampton SC Summer Festival Open Meet | Corby | EM1465 | 4 |
| 800 Freestyle | 10:51.80 | 10:42.90 | 411 | 09/02/14 | Leicestershire & Lincolnshire Long Distance Meet | Loughborough | CC4070 | 1 |
| 50 Breaststroke | 38.80 | 38.00 | 424 | 16/04/16 | Lincoln Vulcans Long Course L1 Open Meet | Sheffield | EM160422 | 1 |
| 100 Breaststroke | 1:22.17 | 1:20.60 | 475 | 25/07/15 | City of Sheffield Summer Meet | Sheffield | NE150209 | 3 |
| 200 Breaststroke | 2:57.05 | 2:54.00 | 468 | 17/04/16 | Lincoln Vulcans Long Course L1 Open Meet | Sheffield | EM160422 | 1 |
| 50 Butterfly | 32.17 | 31.60 | 437 | 11/04/15 | Team Luton April Long Course Meet | Luton | ER150341 | 1 |
| 100 Butterfly | 1:08.54 | 1:07.40 | 530 | 15/07/16 | International Childrens Games | Taipei | GBR391 | 1 |
| 200 Butterfly | 2:33.01 | 2:30.90 | 504 | 30/04/16 | ASA East Midland Region Swimming Champs | Sheffield | EM160780 | 1 |
| 50 Backstroke | 34.56 | 34.00 | 469 | 06/06/15 | Midlands Championships 2015 | Coventry | WM150797 | 1 |
| 100 Backstroke | 1:10.39 | 1:09.20 | 540 | 13/07/16 | International Childrens Games | Taipei | GBR391 | 1 |
| 200 Backstroke | 2:33.74 | 2:31.60 | 513 | 15/07/16 | International Childrens Games | Taipei | GBR391 | 1 |
| 200 Individual Medley | 2:35.17 | 2:32.60 | 536 | 17/04/16 | Lincoln Vulcans Long Course L1 Open Meet | Sheffield | EM160422 | 1 |
| 400 Individual Medley | 5:26.61 | 5:21.20 | 539 | 30/01/16 | The Leicestershire County Age Groups & Champs | Loughborough | EM160198 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 30.86 | 31.50 | 410 | 07/02/16 | The Leicestershire County Age Groups & Champs | Braunstone | EM160199 | 2 |
| 100 Freestyle | 1:04.56 | 1:05.80 | 471 | 24/10/15 | Manchester International Meet 2015 | Manchester | NW151667 | 2 |
| 200 Freestyle | 2:17.92 | 2:20.40 | 511 | 20/12/14 | Thanet Swim Club Festive County Qualifier | Hartdown | SE14273 | 3 |
| 400 Freestyle | 5:30.00 | 5:34.20 | 344 | 06/10/12 | Leicester Penguins 27th Open Meet | Braunstone | EM2313 | 2 |
| 800 Freestyle | 10:57.35 | 11:06.10 | 383 | 16/03/13 | Leicestershire County Championships | Braunstone | CC3060 | 2 |
| 50 Breaststroke | 37.86 | 38.70 | 420 | 20/11/15 | The Leicester Open Meet | Leicester | EM151050 | 2 |
| 100 Breaststroke | 1:20.20 | 1:21.80 | 470 | 25/10/15 | Manchester International Meet 2015 | Manchester | NW151667 | 2 |
| 200 Breaststroke | 2:46.86 | 2:50.00 | 524 | 24/01/16 | The Leicestershire County Age Groups & Champs | Braunstone | EM160197 | 2 |
| 50 Butterfly | 31.34 | 31.90 | 470 | 21/03/15 | Leicestershire County Age Groups & Championships | Leicester | EM150153 | 2 |
| 100 Butterfly | 1:07.56 | 1:08.70 | 512 | 23/01/16 | The Leicestershire County Age Groups & Champs | Braunstone | EM160197 | 2 |
| 200 Butterfly | 2:27.45 | 2:29.60 | 533 | 07/11/15 | Midland 2015 Short Course Championships | Nottingham | EM151953 | 2 |
| 50 Backstroke | 33.01 | 33.60 | 447 | 22/03/15 | Leicestershire County Age Groups & Championships | Leicester | EM150153 | 2 |
| 100 Backstroke | 1:10.13 | 1:11.30 | 479 | 21/03/15 | Leicestershire County Age Groups & Championships | Leicester | EM150153 | 2 |
| 200 Backstroke | 2:29.06 | 2:31.30 | 508 | 28/03/15 | Leicestershire County Age Group & Championships | Leicester | EM150154 | 2 |
| 200 Individual Medley | 2:29.92 | 2:32.50 | 537 | 20/11/15 | The Leicester Open Meet | Leicester | EM151050 | 2 |
| 400 Individual Medley | 5:14.88 | 5:20.40 | 556 | 25/10/15 | Manchester International Meet 2015 | Manchester | NW151667 | 2 |
| 100 Individual Medley | 1:09.33 | 1:09.30 | 541 | 07/02/16 | The Leicestershire County Age Groups & Champs | Braunstone | EM160199 | 2 |