

Individual Best Times (All Time)

Imogen Shepherd - (424938) - Wycombe District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.62	31.00	416	13/07/13	Wycombe District SC End of Season Meet	Wycombe	SE3552	3
100 Freestyle	1:04.82	1:03.50	507	26/05/13	City of Sheffield No Frill Meet	Sheffield	NE3172	1
200 Freestyle	2:19.44	2:16.90	530	14/07/13	Wycombe District SC End of Season Meet	Wycombe	SE3552	3
400 Freestyle	4:42.79	4:37.80	576	04/05/13	BG South East Region Youth Champs	Crawley	SER301	1
800 Freestyle	9:40.44	9:30.40	582	16/03/13	Berkshire & South Buckinghamshire County	Aldershot	CC3037	1
50 Breaststroke	43.71	43.00	296	25/03/12	Tiger Bay Open Meet	Cardiff	WAL420	1
100 Breaststroke	1:32.34	1:31.00	334	12/05/12	Wycombe SC Annual Open Spring Meet	Handy Cross	SE2444	3
200 Breaststroke	3:14.51	3:11.80	353	07/10/12	Crawley SC Long Course Opportunity Meet	Crawley	SE2303	3
50 Butterfly	35.01	34.50	339	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3
100 Butterfly	1:18.39	1:17.40	354	07/10/12	Crawley SC Long Course Opportunity Meet	Crawley	SE2303	3
200 Butterfly	3:27.89	3:26.40	201	14/02/09	Wycombe District Annual	High Wycombe	SE9084	2
50 Backstroke	37.31	36.80	373	17/02/13	Wycombe District Annual LC Open Meet	Wycombe	SE3250	1
100 Backstroke	1:20.09	1:19.10	366	07/10/12	Crawley SC Long Course Opportunity Meet	Crawley	SE2303	3
200 Backstroke	2:40.32	2:38.20	453	13/07/13	Wycombe District SC End of Season Meet	Wycombe	SE3552	3
200 Individual Medley	2:42.56	2:40.10	466	17/11/12	Wycombe District Cub Championships	Wycombe	SE2846	4
400 Individual Medley	6:32.39	6:27.90	311	14/02/09	Wycombe District Annual	High Wycombe	SE9084	2

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.06	31.70	402	22/06/13	CMKSC 11th Annual End of Season	Bletchley	SE3106	3
100 Freestyle	1:05.44	1:06.70	452	09/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	CC3036	2
200 Freestyle	2:17.46	2:20.00	516	09/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	CC3036	2
400 Freestyle	4:39.85	4:44.80	564	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	CC3038	2
800 Freestyle	9:38.23	9:48.10	562	01/12/12	ASA South East Region Open & Junior Meet	Aldershot	SER225	2
50 Breaststroke	42.06	42.80	306	22/01/11	Maxwell January Meet	Aylesbury	SE1108	2
100 Breaststroke	1:30.04	1:31.40	332	17/06/12	Maxwell SC Summer Meet	Aylesbury	SE2449	3
200 Breaststroke	3:09.29	3:12.10	359	15/12/12	Swim Bournemouth 4th Christmas Meet	Bournemouth	SW2649	2
50 Butterfly	35.39	35.90	326	17/06/12	Maxwell SC Summer Meet	Aylesbury	SE2449	3
100 Butterfly	1:21.58	1:22.50	290	10/04/11	City of Milton Keynes Spring Open Gala	Bletchley	SE1135	2
200 Butterfly	3:00.87	3:02.60	289	26/09/10	Maxwell September Meet	Aylesbury	SE0475	3
50 Backstroke	36.54	37.10	329	16/06/12	Maxwell SC Summer Meet	Aylesbury	SE2449	3
100 Backstroke	1:15.59	1:16.60	382	10/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	CC3036	2
200 Backstroke	2:36.87	2:39.00	435	10/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	CC3036	2
200 Individual Medley	2:39.99	2:42.40	441	09/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	CC3036	2
400 Individual Medley	5:32.24	5:37.50	473	15/12/12	Swim Bournemouth 4th Christmas Meet	Bournemouth	SW2649	2
100 Individual Medley	1:16.56	1:16.60	402	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	CC3038	2