

Individual Best Times (All Time)

Frederick Biggs - (419948) - Guildford City Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.37	24.50	559	15/03/15	London Schools Championships 2015	Crystal Palace	LR150242	1
100 Freestyle	54.33	52.80	641	05/05/13	BG South East Region Youth Champs	Crawley	SER301	1
200 Freestyle	1:55.63	1:52.60	686	31/07/13	BG ASA National Youth Championships	Sheffield	ASA128	1
400 Freestyle	4:14.04	4:08.50	650	02/03/14	British Gas Surrey Age Group Championships	Guildford	CC4050	1
800 Freestyle	9:29.11	9:18.90	501	15/10/11	Rushmoor Royals Distance Meet	Aldershot	SE1584	1
1500 Freestyle	17:31.18	17:11.40	568	17/02/13	Kent County ASA Swimming Championships	Crystal Palace	CC3050	1
50 Breaststroke	32.36	31.40	515	11/04/15	Guildford City Inaugural Level 1 Long Course Meet	Guildford	SE150155	1
100 Breaststroke	1:12.12	1:10.40	490	14/04/13	Bexley SC Long Course Open Meet	London	LR3128	1
200 Breaststroke	2:49.67	2:46.50	404	20/11/11	Crawley Not So Early Bird Meet	Crawley	SE1509	1
50 Butterfly	27.80	27.10	514	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	SE3784	1
100 Butterfly	1:01.23	1:00.00	526	07/06/14	Cardiff International Open Meet	Cardiff	WAL573	1
50 Backstroke	30.30	29.60	469	07/06/14	Cardiff International Open Meet	Cardiff	WAL573	1
100 Backstroke	1:02.12	1:00.80	573	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield	ASA135	1
200 Backstroke	2:19.04	2:16.60	521	26/07/12	Welsh Summer National 2012	Swansea	WAL445	1
200 Individual Medley	2:11.35	2:08.30	653	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	LR150017	1
400 Individual Medley	4:50.02	4:43.90	584	12/04/15	Guildford City Inaugural Level 1 Long Course Meet	Guildford	SE150155	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.02	25.80	523	08/12/13	ASA South East Region Winter Championships	Portsmouth	SER329	2
100 Freestyle	52.96	54.50	606	06/12/14	ASA South East Region Championships	Portsmouth	SER428	2
200 Freestyle	1:53.27	1:56.30	675	07/12/14	ASA South East Region Championships	Portsmouth	SER428	2
400 Freestyle	4:09.18	4:14.70	618	09/03/13	Kent County Championships	Gillingham	CC3052	2
800 Freestyle	10:11.38	10:20.80	381	21/02/10	Kent County Champs	Tunbridge Wells	CC0045	2
1500 Freestyle	16:58.01	17:18.00	575	09/12/12	Sevenoaks Club Championships	Sevenoaks	SE2841	4
50 Breaststroke	31.72	32.70	486	06/12/14	ASA South East Region Championships	Portsmouth	SER428	2
100 Breaststroke	1:08.39	1:10.20	528	20/12/14	Hillingdon Winter Open Meet 2014	Hillingdon	LR14450	2
200 Breaststroke	2:37.39	2:40.70	444	12/11/12	Sevenoaks SC Club Championships	Sevenoaks	SE2840	4
50 Butterfly	26.80	27.50	534	06/12/14	ASA South East Region Championships	Portsmouth	SER428	2
100 Butterfly	1:02.74	1:03.90	441	01/12/12	Sevenoaks SC Club Championships	Sevenoaks	SE2840	4
200 Butterfly	2:20.92	2:23.10	435	19/11/12	Sevenoaks SC Club Championships	Sevenoaks	SE2840	4
50 Backstroke	28.35	29.00	474	07/12/14	ASA South East Region Championships	Portsmouth	SER428	2
100 Backstroke	1:00.08	1:01.40	520	06/12/14	ASA South East Region Championships	Portsmouth	SER428	2
200 Backstroke	2:11.46	2:14.00	518	23/02/13	Kent County Championships	Gillingham	CC3051	2
200 Individual Medley	2:06.40	2:09.50	652	23/11/14	Guildford City County Qualifier Meet	Guildford	SE4829	2
400 Individual Medley	4:46.44	4:52.50	550	25/11/12	Sevenoaks Club Championships	Sevenoaks	SE2841	4
100 Individual Medley	1:00.61	1:00.60	537	09/03/13	Kent County Championships	Gillingham	CC3052	2