

# Individual Best Times (All Time)

Patrick Seed - (417576) - Swindon Dolphin ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.52	24.70	550	05/05/13	ASA South West Regional Championships	Millfield	SWR321	1
100 Freestyle	1:00.08	58.70	474	03/11/12	City of Bristol Level 3 Open Meet	Bristol	SW2523	3
50 Breaststroke	34.78	33.90	415	04/11/12	City of Bristol Level 3 Open Meet	Bristol	SW2523	3
100 Breaststroke	1:25.19	1:23.70	297	04/11/12	City of Bristol Level 3 Open Meet	Bristol	SW2523	3
50 Butterfly	27.17	26.50	550	23/02/14	BUCS Long Course 2014	Sheffield	BUC009	1
50 Backstroke	31.09	30.40	434	04/05/13	ASA South West Regional Championships	Millfield	SWR321	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.62	25.40	549	15/11/14	BUCS Short Course 2014	Sheffield	BUC010	2
100 Freestyle	57.46	58.90	475	15/07/12	Swindon Dolphin Festival Meet	Swindon	SW2250	3
200 Freestyle	2:22.64	2:25.10	338	17/07/11	Swindon Dolphins End of Season Meet	Swindon	SW1145	3
400 Freestyle	5:52.73	5:56.70	217	03/10/09	Swindon Dolphins Champs	Swindon	SW9680	4
50 Breaststroke	32.93	33.90	434	30/06/12	British Gas ASA SWR Sprint Comp	Gloucester	SW2172	3
100 Breaststroke	1:18.25	1:19.80	352	15/07/12	Swindon Dolphin Festival Meet	Swindon	SW2250	3
200 Breaststroke	3:16.30	3:19.00	229	21/09/08	Swindon Dolphins Club Chmp	Swindon	SW8545	4
50 Butterfly	26.61	27.30	546	16/11/14	BUCS Short Course 2014	Sheffield	BUC010	2
100 Butterfly	1:07.86	1:09.00	349	20/07/13	Swindon Dolphins ASC End of Season Meet	Swindon	SW3337	3
50 Backstroke	30.07	30.70	397	30/06/12	British Gas ASA SWR Sprint Comp	Gloucester	SW2172	3
100 Backstroke	1:11.63	1:12.70	307	14/07/12	Swindon Dolphin Festival Meet	Swindon	SW2250	3
200 Individual Medley	2:46.23	2:48.60	286	17/07/11	Swindon Dolphins End of Season Meet	Swindon	SW1145	3
100 Individual Medley	1:05.98	1:06.00	416	30/06/12	British Gas ASA SWR Sprint Comp	Gloucester	SW2172	3