

Individual Best Times (All Time)

Tamara O'sullivan - (414832) - Lichfield SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.46	27.70	570	21/12/13	Northampton Winter Festival Open Meet	Corby	EM3728	1
100 Freestyle	1:02.11	1:00.70	577	22/12/13	Northampton Winter Festival Open Meet	Corby	EM3728	1
200 Freestyle	2:16.01	2:13.40	571	21/12/13	Northampton Winter Festival Open Meet	Corby	EM3728	1
50 Breaststroke	39.75	38.90	394	29/11/09	DASA 50M Sprint Gala	Sheffield	EM9593	3
50 Butterfly	30.34	29.70	522	01/05/11	BG Midlands Youth Championships	Coventry	WMR108	1
100 Butterfly	1:07.01	1:05.90	567	01/08/13	Swim Wales Summer Nationals	Swansea	WAL511	1
200 Butterfly	2:27.48	2:25.30	563	02/08/13	Swim Wales Summer Nationals	Swansea	WAL511	1
50 Backstroke	36.32	35.80	404	12/12/10	Derbyshire Sprints	Sheffield	EM0580	3
100 Backstroke	1:19.52	1:18.50	374	08/05/10	Radford Annual Open Meet	Sheffield	EM0119	1
200 Individual Medley	2:46.50	2:44.10	434	16/05/09	City of Manchester Open	Manchester	NW9264	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.97	28.70	550	04/11/12	Chase SC 19th Roebuck Open Meet 2012	Wolverhampton	WM2497	2
100 Freestyle	1:01.11	1:02.50	555	13/07/13	Wolverhampton Open Meet	Wolverhampton	WM3055	3
200 Freestyle	2:12.86	2:15.40	572	02/03/13	Staffordshire County Championships	Stafford	CC3010	2
400 Freestyle	4:59.73	5:04.40	459	08/03/09	Staffordshire County Chmp	Wolverhampton	CC9011	2
800 Freestyle	10:11.80	10:21.20	475	21/03/09	Staffordshire County Chmp	Wolverhampton	CC9012	2
1500 Freestyle	19:55.42	20:12.60	438	07/03/09	Staffordshire County Chmp	Wolverhampton	CC9011	2
50 Breaststroke	39.51	40.30	370	28/02/10	Derbyshire County Champs	Derby	CC0122	2
100 Breaststroke	1:25.45	1:26.90	388	04/10/09	City of Derby Club Champs	Derby	EM9563	4
200 Breaststroke	3:12.64	3:15.40	340	24/01/09	Brierley Hill Open Meet	Wolverhampton	WM9017	2
50 Butterfly	30.20	30.80	526	04/12/11	British Gas Midlands Winter Championships	Corby	WMR128	2
100 Butterfly	1:07.33	1:08.40	517	14/07/13	Wolverhampton Open Meet	Wolverhampton	WM3055	3
200 Butterfly	2:26.51	2:28.60	544	13/07/13	Wolverhampton Open Meet	Wolverhampton	WM3055	3
50 Backstroke	34.85	35.40	380	20/03/10	Derbyshire County Champs	Derby	CC0124	2
100 Backstroke	1:16.79	1:17.80	365	08/11/09	City of Derby Club Champs	Derby	EM9616	4
200 Backstroke	2:43.58	2:45.60	384	10/05/09	Haden Hill Annual open	Wolverhampton	WM9168	2
200 Individual Medley	2:37.60	2:40.10	462	07/03/10	Derbyshire County Champs	Eckington	CC0123	2
400 Individual Medley	5:58.73	6:03.60	376	07/12/08	Nuneaton & Bedworth Open	Nuneaton	WM8003	2
100 Individual Medley	1:10.93	1:10.90	505	26/03/11	Derbyshire County Championships	Derby	CC1097	2