

Individual Best Times (All Time)

Luke Height - (414103) - Soundwell SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.20	26.40	454	21/12/14	Northampton Winter Festival Meet	Corby	EM14228	1
100 Freestyle	59.11	57.70	498	21/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	SW3980	1
200 Freestyle	2:10.07	2:07.40	482	17/11/12	Welsh Capital Open Meet 2012	Cardiff	WAL462	1
400 Freestyle	4:40.05	4:35.00	485	05/05/12	BG SWR Youth Championships	Plymouth	SWR204	1
1500 Freestyle	18:50.99	18:32.60	456	12/01/14	Gloucester County ASA Championships	Bath	CC4056	1
50 Breaststroke	32.54	31.60	507	05/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
100 Breaststroke	1:11.32	1:09.50	507	15/11/14	Aquae Sulis Grand Prix	Bristol	SW4483	1
200 Breaststroke	2:32.62	2:29.10	555	11/04/15	City of Bristol Level 1 April Meet	Bristol	SW150403	1
50 Butterfly	29.04	28.40	450	17/11/13	City of Cardiff Capital Open Meet	Cardiff	WAL532	1
100 Butterfly	1:06.07	1:04.90	419	21/12/14	Northampton Winter Festival Meet	Corby	EM14228	1
50 Backstroke	59.38	59.00	62	29/04/07	Avalon Open Meet	Millfield	SW7117	3
100 Backstroke	1:17.59	1:16.50	294	22/05/10	Bracknell & Wokingham Meet	Aldershot	SE0061	1
200 Backstroke	2:29.87	2:27.60	416	19/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	NE2027	1
200 Individual Medley	2:21.77	2:19.00	519	20/12/14	Northampton Winter Festival Meet	Corby	EM14228	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.65	26.40	485	05/07/15	ASA South West Fast 5 Competition	Gloucester	SW150324	3
100 Freestyle	57.25	58.70	480	03/03/13	Gloucestershire County Championships	Gloucester	CC3034	2
200 Freestyle	2:03.37	2:06.10	522	23/03/13	Gloucester County Championships	Gloucester	CC3035	2
400 Freestyle	4:27.02	4:32.20	502	02/03/13	Gloucestershire County Championships	Gloucester	CC3034	2
800 Freestyle	9:56.55	10:06.20	410	05/12/10	Gloucester County Champs	Bristol	CC1045	2
1500 Freestyle	18:36.37	18:54.70	436	20/01/13	Gloucestershire County Championships	Gloucester	CC3032	2
50 Breaststroke	31.42	32.40	500	05/07/15	ASA South West Fast 5 Competition	Gloucester	SW150324	3
100 Breaststroke	1:08.46	1:10.30	526	07/03/15	Gloucestershire County Championships	Gloucester	CC150226	2
200 Breaststroke	2:27.41	2:30.90	541	09/03/14	Gloucester County ASA Championships	Gloucester	CC4058	2
50 Butterfly	27.50	28.20	494	07/02/15	Gloucestershire County Championships	Gloucester	CC150225	2
100 Butterfly	1:05.23	1:06.40	393	23/03/13	Gloucester County Championships	Gloucester	CC3035	2
50 Backstroke	30.32	31.00	387	05/07/15	ASA South West Fast 5 Competition	Gloucester	SW150324	3
100 Backstroke	1:07.25	1:08.40	371	23/03/13	Gloucester County Championships	Gloucester	CC3035	2
200 Backstroke	2:24.40	2:26.70	391	02/03/13	Gloucestershire County Championships	Gloucester	CC3034	2
200 Individual Medley	2:17.06	2:19.90	511	09/03/14	Gloucester County ASA Championships	Gloucester	CC4058	2
400 Individual Medley	5:05.84	5:11.50	452	09/02/13	Gloucestershire County Champs	Gloucester	CC3033	2
100 Individual Medley	1:03.46	1:03.50	468	05/07/15	ASA South West Fast 5 Competition	Gloucester	SW150324	3