

Individual Best Times (All Time)

Alisha Singleton - (411810) - Exeter City Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.11	39.60	203	22/10/11	3 Towers Open Meet	Millfield	SW1411	3
100 Freestyle	1:16.33	1:15.20	310	27/10/13	3 Towers Open Meet	Millfield	SW3627	3
200 Freestyle	2:40.60	2:38.40	346	27/10/13	3 Towers Open Meet	Millfield	SW3627	3
400 Freestyle	5:33.10	5:28.90	352	26/10/13	3 Towers Open Meet	Millfield	SW3627	3
800 Freestyle	11:35.84	11:27.50	338	08/02/14	Devon County ASA Long Distance Champs	Plymouth	CC4027	1
50 Butterfly	37.09	36.60	285	12/07/14	The Plymouth Summer Level 3 Long Course Meet	Plymouth	SW4772	3
100 Butterfly	1:30.88	1:30.00	227	26/10/13	3 Towers Open Meet	Millfield	SW3627	3
200 Butterfly	3:23.99	3:22.40	212	26/10/13	3 Towers Open Meet	Millfield	SW3627	3
50 Backstroke	40.88	40.40	283	27/10/13	3 Towers Open Meet	Millfield	SW3627	3
100 Backstroke	1:22.15	1:21.20	339	13/07/14	The Plymouth Summer Level 3 Long Course Meet	Plymouth	SW4772	3
200 Backstroke	2:50.82	2:48.90	374	12/07/14	The Plymouth Summer Level 3 Long Course Meet	Plymouth	SW4772	3
200 Individual Medley	2:54.82	2:52.50	375	12/07/14	The Plymouth Summer Level 3 Long Course Meet	Plymouth	SW4772	3
400 Individual Medley	6:12.88	6:08.10	362	13/07/14	The Plymouth Summer Level 3 Long Course Meet	Plymouth	SW4772	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.55	37.10	246	24/03/13	Devon Sprint Gala	Plymouth	SW3085	3
100 Freestyle	1:13.58	1:14.70	318	15/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
200 Freestyle	2:35.81	2:38.00	354	07/06/15	Devon County Development Gala	Plymouth	SW150277	3
400 Freestyle	5:28.16	5:32.40	350	24/06/13	Devon County Development Gala 2013	Plymouth	SW3088	3
800 Freestyle	10:47.88	10:56.80	400	22/06/14	Devon County Development Gala 2014	Plymouth	SW4105	3
50 Breaststroke	54.34	54.90	142	24/03/13	Devon Sprint Gala	Plymouth	SW3085	3
100 Breaststroke	1:43.60	1:44.80	218	02/11/14	Tiverton 8th Sparklers Open Meet	Tiverton	SW4559	3
50 Butterfly	37.02	37.50	285	19/04/14	Weston 12th Easter Open Meet	Weston	SW4251	3
100 Butterfly	1:23.35	1:24.30	272	19/02/14	Devon County Championships	Plymouth	CC4030	2
200 Butterfly	3:07.94	3:09.60	257	08/06/15	Devon County Development Gala	Plymouth	SW150278	3
50 Backstroke	38.75	39.30	276	24/11/13	Exeter November Meet 2013	Exeter	SW3868	3
100 Backstroke	1:18.77	1:19.80	338	23/06/14	Devon County Development Gala 2014	Plymouth	SW4106	3
200 Backstroke	2:41.87	2:43.90	396	19/04/14	Weston 12th Easter Open Meet	Weston	SW4251	3
200 Individual Medley	2:52.05	2:54.30	355	23/06/14	Devon County Development Gala 2014	Plymouth	SW4106	3
100 Individual Medley	1:22.35	1:22.30	323	22/06/14	Devon County Development Gala 2014	Plymouth	SW4105	3