

Individual Best Times (All Time)

Matthew Cowie - (409746) - Buckie ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.81	30.10	312	12/06/16	Hunting Trophy Meet 2016	Aberdeen	SCO1143	2
50 Breaststroke	41.15	40.40	250	12/06/16	Hunting Trophy Meet 2016	Aberdeen	SCO1143	2
50 Butterfly	34.99	34.40	257	12/06/16	Hunting Trophy Meet 2016	Aberdeen	SCO1143	2
50 Backstroke	38.47	37.90	229	12/06/16	Hunting Trophy Meet 2016	Aberdeen	SCO1143	2

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.24	30.90	296	13/02/16	Elgin Spring Meet	Buckie	SCO1083	2
100 Freestyle	1:02.52	1:03.80	368	14/04/18	Buckie Age Groups 2018	Buckie	SCO1443	1
200 Freestyle	2:34.66	2:36.90	265	17/04/16	Buckie Age Group Meet	Buckie	SCO1110	2
400 Freestyle	5:13.00	5:17.50	311	16/04/17	Buckie Age Groups 2017	Buckie	SCO1271	2
100 Breaststroke	1:23.38	1:24.90	291	15/04/18	Buckie Age Groups 2018	Buckie	SCO1443	1
200 Breaststroke	3:08.30	3:11.10	259	15/04/17	Buckie Age Groups 2017	Buckie	SCO1271	2
100 Butterfly	1:15.54	1:16.50	253	15/04/18	Buckie Age Groups 2018	Buckie	SCO1443	1
200 Butterfly	3:18.63	3:20.20	155	14/02/15	Elgin ASC Spring Meet	Buckie	SCO942	2
50 Backstroke	37.21	37.70	209	13/02/16	Elgin Spring Meet	Buckie	SCO1083	2
100 Backstroke	1:15.76	1:16.80	259	14/04/18	Buckie Age Groups 2018	Buckie	SCO1443	1
200 Backstroke	2:56.88	2:58.80	212	19/04/15	Buckie Age Groups 2015	Buckie	SCO965	2
200 Individual Medley	2:40.73	2:43.20	317	15/04/17	Buckie Age Groups 2017	Buckie	SCO1271	2
400 Individual Medley	6:04.12	6:08.90	268	16/04/16	Buckie Age Group Meet	Buckie	SCO1110	2
100 Individual Medley	1:22.94	1:22.90	209	24/10/15	Alford Otters 6th 100 Meet	Fraserburgh	SCO1029	2