

# Individual Best Times (All Time)

Kelly Jeffery - (408795) - Barnstaple SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.58	29.90	460	19/01/14	Exeter January Meet	Cardiff	WAL542	1
100 Freestyle	1:03.33	1:02.00	544	02/05/15	ASA South West Summer Championships	Plymouth	SW150229	1
200 Freestyle	2:16.52	2:14.00	564	05/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
400 Freestyle	4:42.52	4:37.50	578	02/05/15	ASA South West Summer Championships	Plymouth	SW150229	1
800 Freestyle	9:45.61	9:35.70	567	25/04/15	Devon County Long Course Championships	Plymouth	SW150300	1
100 Backstroke	1:18.56	1:17.50	388	13/01/13	Exeter City Open Meet	Cardiff	SW3110	1
200 Backstroke	2:42.20	2:40.10	437	13/01/13	Exeter City Open Meet	Cardiff	SW3110	1
200 Individual Medley	2:45.51	2:43.10	442	01/06/13	ASA South West Region Age Groups 2013	Millfield	SWR322	1
400 Individual Medley	5:35.08	5:29.80	499	18/05/14	COBEXE May Meet 2014	Hengrove	SW4432	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.41	30.10	473	20/02/14	Devon County Championships	Plymouth	CC4030	2
100 Freestyle	1:02.00	1:03.30	532	17/01/15	Devon County 2015 Championships	Plymouth	CC150274	2
200 Freestyle	2:12.03	2:14.60	583	19/01/15	Devon County 2015 Championships	Plymouth	CC150275	2
400 Freestyle	4:34.78	4:39.80	596	18/01/15	Devon County 2015 Championships	Plymouth	CC150274	2
800 Freestyle	9:50.68	10:00.40	528	30/10/15	Exeter Hub Club Championships 2015	Dawlish	SW152194	4
50 Breaststroke	43.34	44.10	280	15/04/12	Devon County ASA Sprint Gala	Plymouth	SW2085	3
100 Breaststroke	1:47.56	1:48.70	194	27/02/10	Devon County Champs	Plymouth	CC0063	2
200 Breaststroke	3:53.60	3:55.90	191	20/06/09	Devon County Develop Gala	Exeter	SW9065	3
50 Butterfly	35.47	36.00	324	15/04/12	Devon County ASA Sprint Gala	Plymouth	SW2085	3
100 Butterfly	1:13.25	1:14.30	401	19/02/14	Devon County Championships	Plymouth	CC4030	2
50 Backstroke	36.02	36.60	344	17/02/13	Devon County Championships	Plymouth	CC3014	2
100 Backstroke	1:08.76	1:09.90	508	20/01/15	Devon County 2015 Championships	Plymouth	CC150275	2
200 Backstroke	2:26.06	2:28.30	539	17/01/15	Devon County 2015 Championships	Plymouth	CC150274	2
200 Individual Medley	2:30.14	2:32.70	534	20/01/15	Devon County 2015 Championships	Plymouth	CC150275	2
400 Individual Medley	5:22.89	5:28.30	515	20/02/14	Devon County Championships	Plymouth	CC4030	2
100 Individual Medley	1:11.79	1:11.80	487	19/02/14	Devon County Championships	Plymouth	CC4030	2