

Individual Best Times (All Time)

Sarah Chapman - (405523) - City of Cambridge SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.01	30.30	441	03/12/17	City of Coventry Winter Open Meet 2017	Coventry	WM170723	3
100 Freestyle	1:05.48	1:04.20	492	27/01/18	Warwickshire ASA Swimming Championships 2018	Coventry	WM180008	1
200 Freestyle	2:19.37	2:16.90	530	06/03/16	Warwickshire ASA Championships	Coventry	WM160091	1
400 Freestyle	4:53.28	4:48.50	516	16/05/15	Northampton Spring Festival	Corby	EM150349	1
800 Freestyle	10:09.41	9:59.80	503	08/04/16	Derwentio Excel 10th Open Meet 2016	Sheffield	EM160046	1
200 Breaststroke	3:27.60	3:25.00	290	20/02/16	Warwickshire ASA Championships	Coventry	WM160089	1
50 Butterfly	34.80	34.30	345	02/12/17	City of Coventry Winter Open Meet 2017	Coventry	WM170723	3
100 Butterfly	1:15.49	1:14.50	396	27/02/16	Warwickshire ASA Championships	Coventry	WM160090	1
200 Butterfly	3:08.01	3:06.30	271	31/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	WAL483	1
50 Backstroke	37.65	37.10	363	20/02/16	Warwickshire ASA Championships	Coventry	WM160089	1
100 Backstroke	1:24.37	1:23.40	313	15/03/14	Warwickshire County Championships	Coventry	CC4006	1
200 Backstroke	2:47.16	2:45.20	399	27/02/16	Warwickshire ASA Championships	Coventry	WM160090	1
200 Individual Medley	2:45.16	2:42.80	445	05/03/16	Warwickshire ASA Championships	Coventry	WM160091	1
400 Individual Medley	5:50.37	5:45.30	436	24/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.61	31.30	420	06/04/19	Leicester Sharks Regional Qualifier	Nuneaton	EM190546	3
100 Freestyle	1:04.41	1:05.70	474	02/04/16	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM160380	3
200 Freestyle	2:16.89	2:19.40	523	02/04/16	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM160380	3
400 Freestyle	4:47.58	4:52.40	520	11/04/14	2014 Leicester Age Group Meet	Leicester	EM4056	2
800 Freestyle	10:00.74	10:10.30	501	20/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
50 Breaststroke	44.62	45.30	257	04/07/17	Leamington Spa Sprint Night No 1	Warwick	WM171336	4
100 Breaststroke	1:30.74	1:32.10	324	28/11/15	Leamington Spa ASC Club Championships	Newbold	WM150851	4
200 Breaststroke	3:10.29	3:13.00	353	12/10/14	Coventry & District Swimming Club Championships	Nuneaton	WM4810	2
50 Butterfly	34.16	34.70	363	18/06/16	Nuneaton & Bedworth End of Season Open Meet	Nuneaton	WM160379	3
100 Butterfly	1:13.40	1:14.40	399	20/05/18	Coventry and District ASC Secondary Galas	Pingles LC	WM180739	3
200 Butterfly	2:45.20	2:47.10	379	19/05/18	Coventry and District ASC Secondary Galas	Pingles LC	WM180739	3
50 Backstroke	38.00	38.50	293	07/07/15	Leamington Spa Sprint Night	Warwick	WM150849	4
100 Backstroke	1:16.44	1:17.50	370	23/04/16	Leamington Spa Club Championships Gala 1	Leamington Spa	WM160816	4
200 Backstroke	2:39.65	2:41.70	413	02/04/16	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM160380	3
200 Individual Medley	2:40.87	2:43.30	434	02/04/16	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM160380	3
400 Individual Medley	5:34.90	5:40.10	462	22/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
100 Individual Medley	1:16.52	1:16.50	402	23/04/16	Leamington Spa Club Championships Gala 1	Leamington Spa	WM160816	4