

Individual Best Times (All Time)

Emma Eades - (404208) - Crawley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.77	30.10	451	17/11/12	Crawley Not So Early Bird Meet	Crawley	SE2304	1
100 Freestyle	1:04.64	1:03.30	511	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	SE4197	1
200 Freestyle	2:19.93	2:17.40	524	06/05/13	BG ASA South East Region Youth Champs	Guildford	SER302	1
400 Freestyle	4:48.37	4:43.50	543	17/11/13	Crawley Not So Early Bird Meet	Crawley	SE3141	1
800 Freestyle	9:53.22	9:43.40	545	23/02/14	Sussex County Champs & Age Groups Comp	Crawley	CC4090	1
50 Breaststroke	35.66	34.80	546	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	SE4197	1
100 Breaststroke	1:17.88	1:16.20	558	12/04/14	Crawley Spring Open Meet	Crawley	SE4285	1
200 Breaststroke	2:49.73	2:46.60	532	12/04/14	Crawley Spring Open Meet	Crawley	SE4285	1
100 Butterfly	1:18.98	1:18.00	346	19/11/11	Crawley Not So Early Bird Meet	Crawley	SE1509	1
50 Backstroke	34.90	34.30	455	04/05/13	BG South East Region Youth Champs	Crawley	SER301	1
100 Backstroke	1:28.08	1:27.20	275	04/10/09	Crawley LC Opportunity Mt	Crawley	SE9444	3
200 Individual Medley	2:34.97	2:32.40	539	06/10/13	Lis Hartley LC Opportunity Meet	Crawley	SE3139	3
400 Individual Medley	5:30.19	5:24.80	522	18/05/13	Bracknell & Wokingham Level 1 Open Meet	Aldershot	SE3133	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.00	29.70	494	02/02/14	Atlantis Horsham 2014 Chaser Open Meet	Horsham	SE4039	2
100 Freestyle	1:01.95	1:03.30	533	16/03/14	Sussex County Championships	Crawley	CC4092	2
200 Freestyle	2:10.37	2:13.00	605	01/03/14	Sussex County Champs & Age Group Comp	Crawley	CC4091	2
400 Freestyle	4:36.73	4:41.80	583	15/03/14	Sussex County Championships	Crawley	CC4092	2
800 Freestyle	9:28.12	9:38.20	593	07/12/13	ASA South East Region Winter Championships	Portsmouth	SER329	2
50 Breaststroke	34.39	35.30	561	01/03/14	Sussex County Champs & Age Group Comp	Crawley	CC4091	2
100 Breaststroke	1:14.71	1:16.40	581	01/03/14	Sussex County Champs & Age Group Comp	Crawley	CC4091	2
200 Breaststroke	2:43.01	2:46.20	562	16/03/14	Sussex County Championships	Crawley	CC4092	2
50 Butterfly	32.77	33.30	411	03/03/13	Sussex County Championships	Crawley	CC3045	2
100 Butterfly	1:12.03	1:13.10	422	24/11/12	Crawley SC Time Trials	Crawley	SE2782	4
200 Butterfly	2:47.00	2:48.90	367	03/03/13	Sussex County Championships	Crawley	CC3045	2
50 Backstroke	33.10	33.70	443	16/03/13	Sussex County Championship	Crawley	CC3046	2
100 Backstroke	1:11.46	1:12.60	453	02/03/14	Sussex County Champs & Age Group Comp	Crawley	CC4091	2
200 Backstroke	2:34.04	2:36.20	460	29/10/12	Sussex County ASA Development Meet	Brighton	SE2623	3
200 Individual Medley	2:28.47	2:31.10	552	14/12/13	Crawley SC Club Championships	Crawley	SE3549	4
400 Individual Medley	5:15.05	5:20.60	555	08/12/13	ASA South East Region Winter Championships	Portsmouth	SER329	2
100 Individual Medley	1:08.72	1:08.70	556	15/03/14	Sussex County Championships	Crawley	CC4092	2