

Individual Best Times (All Time)

Kieran Mccarthy - (400743) - City of St Albans SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.59	26.80	435	30/04/17	ASA East Long Course Championships	Luton	ER170219	1
100 Freestyle	1:01.47	1:00.10	443	21/04/19	Team Luton April Open Meet	Luton	ER190182	1
50 Breaststroke	33.27	32.30	474	14/05/17	Team Luton May Long Course Meet 2017	Luton	ER170349	1
100 Breaststroke	1:16.39	1:14.70	412	12/03/17	United Bristol Qual Level 1 Open Meet	Bristol	SW170483	1
200 Breaststroke	2:50.75	2:47.60	396	20/04/19	Team Luton April Open Meet	Luton	ER190182	1
50 Butterfly	30.21	29.60	400	20/04/19	Team Luton April Open Meet	Luton	ER190182	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.75	27.50	428	10/03/19	CoStA Spring Open 2019	St Albans	ER190360	3
100 Freestyle	59.03	1:00.40	438	23/09/17	Team Luton Autumn Short Course Meet 2017	Luton	ER171628	3
200 Freestyle	2:10.52	2:13.20	441	24/09/17	Team Luton Autumn Short Course Meet 2017	Luton	ER171628	3
400 Freestyle	4:37.09	4:42.10	449	02/07/16	City of St Albans Club Championships	St Albans	ER161256	4
50 Breaststroke	32.98	33.90	432	04/11/18	Swim England East Region Short Course Championship	Luton	ER180889	2
100 Breaststroke	1:12.79	1:14.50	438	18/12/16	Hatfield Christmas Gala	Hatfield	ER162424	3
200 Breaststroke	2:43.48	2:46.70	397	26/01/19	SE Hertfordshire County Champs & Age Group Comp	Borehamwood	ER190026	2
50 Butterfly	29.79	30.40	389	29/09/18	CoStA Club Sprint Night 2018	St Albans	ER181953	4
100 Butterfly	1:18.33	1:19.30	226	12/12/15	National Arena League-London Premier Div-Round123	Harlow	ER152126	2
50 Backstroke	36.61	37.20	220	02/07/16	City of St Albans Club Championships	St Albans	ER161256	4
100 Backstroke	1:24.45	1:25.40	187	24/01/15	City of St Albans Club Championships	St Albans	ER150187	4
200 Individual Medley	2:32.66	2:35.20	370	27/11/16	St Albans Open Meet	St Albans	ER161417	3
100 Individual Medley	1:09.09	1:09.10	362	25/11/17	Watford November 2017 County Qualifier	Garston	ER171250	3