

Individual Best Times (All Time)

Thomas Harrington - (399851) - Royston SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.70	25.90	480	16/05/15	Northampton Spring Festival	Corby	EM150349	1
100 Freestyle	58.14	56.70	523	03/05/14	ASA East Region Youth Championships	Luton	ERX406	1
200 Freestyle	2:10.16	2:07.50	481	08/06/13	BGASA East Region Age Group Champs	Norwich	ERX313	1
1500 Freestyle	18:20.64	18:01.70	495	10/03/13	Cambridgeshire ASA County Championships	Corby	CC3056	1
50 Butterfly	28.20	27.50	492	16/02/20	Speedo and BUCS Long Course Swimming Champs 2020	Sheffield	NE200500	1
100 Butterfly	1:03.54	1:02.30	471	05/04/14	Derwentio Excel 8th LC Open Meet	Sheffield	EM4029	1
50 Backstroke	31.51	30.90	417	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
100 Backstroke	1:09.62	1:08.50	407	01/06/13	BGASA East Region Age Group Champs	Norwich	ERX313	1
200 Backstroke	2:30.63	2:28.40	410	01/06/13	BGASA East Region Age Group Champs	Norwich	ERX313	1
200 Individual Medley	2:28.44	2:25.80	452	08/06/13	BGASA East Region Age Group Champs	Norwich	ERX313	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.70	26.50	482	11/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
100 Freestyle	56.53	58.00	499	07/03/15	Cambridgeshire ASA County Championships	Peterborough	CC150083	2
200 Freestyle	2:06.28	2:09.00	487	03/11/13	Teamipswich Swimming November Open Meet	Ipswich	ER3536	3
400 Freestyle	5:04.61	5:09.20	338	02/10/11	City of Cambridge Club Champs	Cambridge	ER1458	4
50 Breaststroke	35.49	36.40	347	13/07/14	City of Cambridge SC July Open 2014	Cambridge	ER4493	3
100 Breaststroke	1:14.62	1:16.30	406	22/03/14	Cambridgeshire ASA County Championships	Peterborough	CC4111	2
50 Butterfly	27.81	28.50	478	20/12/14	Hillingdon Winter Open Meet 2014	Hillingdon	LR14450	2
100 Butterfly	1:01.39	1:02.60	471	28/03/15	Cambridgeshire ASA County Championships	Cambridge	CC150085	2
50 Backstroke	29.58	30.20	417	11/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
100 Backstroke	1:05.39	1:06.60	403	07/03/15	Cambridgeshire ASA County Championships	Peterborough	CC150083	2
200 Backstroke	2:20.05	2:22.40	429	12/05/13	West Suffolk SC Open Meet	Bury St Edmunds	ER3267	3
200 Individual Medley	2:23.57	2:26.30	445	30/03/14	Cambridgeshire ASA County Championships	Peterborough	CC4110	2
100 Individual Medley	1:08.97	1:09.00	364	13/10/13	Royston Club Championships	Royston	ER3796	4