

# Individual Best Times (All Time)

Joshua Greenhalgh - (398283) - Rossington SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.41	33.80	224	27/11/10	Sheffield City B Grade	Sheffield	NE0385	3
100 Freestyle	1:05.69	1:04.40	363	05/07/14	Borough of Barnsley SC 7th Annual Summer Sizzler	Sheffield	NE4704	3
50 Breaststroke	37.98	37.10	318	05/07/14	Borough of Barnsley SC 7th Annual Summer Sizzler	Sheffield	NE4704	3
100 Breaststroke	1:23.31	1:21.80	318	05/07/14	Borough of Barnsley SC 7th Annual Summer Sizzler	Sheffield	NE4704	3
100 Butterfly	1:13.52	1:12.50	304	05/07/14	Borough of Barnsley SC 7th Annual Summer Sizzler	Sheffield	NE4704	3
100 Backstroke	1:28.12	1:27.20	200	27/11/10	Sheffield City B Grade	Sheffield	NE0385	3
200 Individual Medley	2:38.15	2:35.60	374	05/07/14	Borough of Barnsley SC 7th Annual Summer Sizzler	Sheffield	NE4704	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.90	29.60	339	21/06/14	Team Jorvik Viking Sprints	Leeds	NE4419	3
100 Freestyle	1:03.65	1:05.00	349	19/10/14	DMASA Individual Championships	Adwick	NE14541	4
400 Freestyle	5:17.08	5:21.50	299	21/10/12	Retford 3rd Early Bird Meet	Retford	EM2528	3
50 Breaststroke	36.95	37.80	307	02/11/13	Barnsley Minors Individual Championships	Knottingley	NE3820	4
100 Breaststroke	1:21.82	1:23.30	308	06/10/13	Doncaster Metropolitan ASA Individual Champ	Adwick	NE3920	4
50 Butterfly	31.21	31.80	338	22/11/14	Armthorpe Schofield Home Championships	Armthorpe	NE4759	4
100 Butterfly	1:11.04	1:12.10	304	19/10/14	DMASA Individual Championships	Adwick	NE14541	4
200 Butterfly	2:53.79	2:55.60	232	21/10/12	Retford 3rd Early Bird Meet	Retford	EM2528	3
50 Backstroke	34.02	34.60	274	02/11/13	Barnsley Minors Individual Championships	Knottingley	NE3820	4
100 Backstroke	1:13.50	1:14.60	284	19/05/13	Doncaster Darts SC B Grade Meet 2013	Adwick	NE3413	3
200 Individual Medley	2:37.92	2:40.40	334	21/10/12	Retford 3rd Early Bird Meet	Retford	EM2528	3
100 Individual Medley	1:10.16	1:10.20	346	15/11/14	Armthorpe Schofield Home Championships	Armthorpe	NE4758	4