

Individual Best Times (All Time)

Benjamin Housley - (397889) - Skipton Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.98	27.20	417	15/03/14	Yorkshire County Championships	Sheffield	CC4069	1
100 Freestyle	1:01.22	59.80	448	11/04/15	Stockport Metro April LC Open Meet	Stockport	NW150006	1
200 Freestyle	2:15.11	2:12.50	430	06/04/14	Stockport April Meet 2014	Stockport	NW4345	1
400 Freestyle	4:44.25	4:39.30	464	05/04/14	Stockport April Meet 2014	Stockport	NW4345	1
50 Breaststroke	40.49	39.70	263	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
50 Butterfly	30.88	30.30	375	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
200 Butterfly	2:37.40	2:35.40	344	22/02/14	Yorkshire SA County Championships	Leeds	CC4068	1
50 Backstroke	31.61	31.00	413	04/05/14	ASANER Youth & Senior Championships 2014	Sunderland	NER421	1
100 Backstroke	1:08.51	1:07.30	427	04/05/13	ASA North East Youth & Senior Championship	Sunderland	NER318	1
200 Backstroke	2:26.66	2:24.40	444	05/05/13	ASA North East Youth & Senior Championship	Sunderland	NER318	1
200 Individual Medley	2:31.78	2:29.20	423	23/02/14	Yorkshire SA County Championships	Leeds	CC4068	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.25	28.00	404	24/11/13	City of Bradford Winter Meet	Leeds	NE3644	3
100 Freestyle	59.51	1:00.90	427	11/10/14	Yorkshire Winter Championships	Sheffield	NE14602	2
200 Freestyle	2:09.73	2:12.40	449	24/11/13	City of Bradford Winter Meet	Leeds	NE3644	3
400 Freestyle	4:35.74	4:40.80	456	21/04/13	Harrogate SC Spa Town A B Grade Open	Harrogate	NE3046	3
50 Breaststroke	38.21	39.00	278	25/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
100 Breaststroke	1:25.70	1:27.20	268	16/06/12	Harrogate District SC Summer A Grade Meet	Harrogate	NE2070	3
200 Breaststroke	3:29.71	3:32.20	188	25/04/10	Harrogate A&B Grade Meet	Harrogate	NE0151	3
50 Butterfly	29.59	30.20	397	21/06/14	Harrogate Summer A B Grade Meet	Harrogate	NE4183	3
100 Butterfly	1:06.81	1:07.90	365	21/06/14	Harrogate Summer A B Grade Meet	Harrogate	NE4183	3
200 Butterfly	2:33.97	2:36.00	334	11/01/14	Harrogate SC Janus Meet	Harrogate	NE4178	3
50 Backstroke	30.34	31.00	387	18/07/15	City of Bradford SC End of Season Meet Level 3	ShIPLEY	NE150916	3
100 Backstroke	1:06.41	1:07.60	385	12/10/14	Yorkshire Winter Championships	Sheffield	NE14602	2
200 Backstroke	2:19.75	2:22.10	431	21/06/14	Harrogate Summer A B Grade Meet	Harrogate	NE4183	3
200 Individual Medley	2:26.40	2:29.10	419	25/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
100 Individual Medley	1:12.95	1:13.00	308	15/12/12	Preston SC Christmas Countdown Open Meet	Darwen	NW2511	3