

Individual Best Times (All Time)

Joshua Holdsworth - (397887) - City of Bradford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.10	25.30	514	26/01/13	ASA Northern Region Zonal Competition	Sheffield	ZM3308	1
100 Freestyle	57.33	55.90	546	16/12/12	City of Manchester Snow Pen 2012	Manchester	NW2496	1
200 Freestyle	2:08.60	2:05.90	498	16/02/13	Yorkshire Age Groups Open Championships	Leeds	CC3098	1
50 Breaststroke	38.25	37.40	312	19/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE3011	3
100 Breaststroke	1:38.21	1:36.90	194	24/01/09	City of Leeds New Year Mt	Leeds	NE9099	3
200 Breaststroke	3:18.20	3:15.50	253	16/01/10	Rotherham Metro A&B Meet	Sheffield	NE0066	3
50 Butterfly	29.76	29.10	419	19/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE3011	3
100 Butterfly	1:08.34	1:07.20	378	20/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE3011	3
50 Backstroke	33.86	33.30	336	20/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE3011	3
100 Backstroke	1:13.01	1:11.90	353	19/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE3011	3
200 Backstroke	2:49.73	2:47.80	286	10/07/10	City of Leeds B Grade	Leeds	NE0075	3
200 Individual Medley	2:32.74	2:30.10	415	26/02/12	Yorkshire County Championships	Leeds	CC2042	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.78	26.60	478	02/12/12	ASA North East Region Senior & Junior Meet	Sunderland	NER228	2
100 Freestyle	56.47	57.90	500	13/10/12	Yorkshire SA Winter Competition 2012	Sheffield	NE2844	2
200 Freestyle	2:05.53	2:08.30	496	28/07/13	City of Bradford SC End of Season Meet	Shipley	NE3328	3
400 Freestyle	4:35.56	4:40.60	456	21/04/13	Harrogate SC Spa Town A B Grade Open	Harrogate	NE3046	3
50 Breaststroke	36.61	37.50	316	27/10/12	City of Bradford Halloween Meet	Bradford	NE2531	2
100 Breaststroke	1:23.63	1:25.10	288	24/10/10	AIB Tigers (Jersey) Open	Jersey	SE0256	2
200 Breaststroke	2:59.81	3:02.70	298	10/04/11	Harrogate District A B Grade Meet	Harrogate	NE1079	3
50 Butterfly	30.19	30.80	373	27/07/13	City of Bradford SC End of Season Meet	Shipley	NE3328	3
100 Butterfly	1:08.05	1:09.20	346	13/10/12	Yorkshire SA Winter Competition 2012	Sheffield	NE2844	2
50 Backstroke	32.51	33.10	314	27/07/13	City of Bradford SC End of Season Meet	Shipley	NE3328	3
100 Backstroke	1:15.08	1:16.10	266	23/10/10	AIB Tigers (Jersey) Open	Jersey	SE0256	2
200 Backstroke	2:35.57	2:37.70	313	10/04/11	Harrogate District A B Grade Meet	Harrogate	NE1079	3
200 Individual Medley	2:30.45	2:33.00	386	06/01/13	City of Bradford SC Time Trials	Shipley	NE3185	4
100 Individual Medley	1:12.47	1:12.50	314	24/07/10	Bradford End of Season	Shipley	NE0384	3