

# Individual Best Times (All Time)

Christopher Wood - (397296) - Kidlington & Gosford SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.93	25.10	524	05/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	SE172007	1
100 Freestyle	54.69	53.10	629	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	NE180164	1
200 Freestyle	2:02.81	2:00.00	572	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
400 Freestyle	4:26.61	4:21.30	562	24/05/15	ASASER Swimming Championships	Portsmouth	SE150985	1
1500 Freestyle	18:31.39	18:12.70	481	15/11/13	City of Cardiff Capital Open Meet	Cardiff	WAL532	1
50 Breaststroke	31.46	30.40	561	05/05/18	Swim England South East Championships 2018	Wycombe	SE181206	1
100 Breaststroke	1:08.25	1:06.40	578	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	NE180164	1
200 Breaststroke	2:26.72	2:23.10	625	07/04/18	City of Bristol International Open Meet	Hengrove Park	SW180691	1
50 Butterfly	29.46	28.80	431	09/04/16	City of Bristol International Open Meet	Bristol	SW160503	1
100 Butterfly	1:05.20	1:04.00	436	10/04/16	City of Bristol International Open Meet	Bristol	SW160503	1
50 Backstroke	34.05	33.50	330	12/01/14	City of Derby Long Course L1 Meet	Sheffield	EM4033	1
100 Backstroke	1:22.73	1:21.80	242	20/10/12	Wycombe District SC Annual BC Meet	Wycombe	SE2513	3
200 Backstroke	3:13.50	3:11.80	193	15/01/12	Rushmoor Royals New Year Meet	Aldershot	SE2037	3
200 Individual Medley	2:10.49	2:07.40	666	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	NE180164	1
400 Individual Medley	4:50.30	4:44.20	582	07/04/18	City of Bristol International Open Meet	Hengrove Park	SW180691	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.95	25.80	527	06/02/16	Oxon & North Bucks County Champs	Aylesbury	SE160076	2
100 Freestyle	53.62	55.20	584	16/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	LR172525	3
200 Freestyle	1:55.14	1:58.10	642	17/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	LR172525	3
400 Freestyle	4:14.49	4:19.90	580	20/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	LR152215	2
1500 Freestyle	17:24.53	17:44.10	532	10/01/16	Oxfordshire & North Bucks County Champs	Milton Keynes	SE160074	2
50 Breaststroke	30.03	31.10	573	04/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180019	2
100 Breaststroke	1:04.75	1:06.70	622	10/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180020	2
200 Breaststroke	2:19.19	2:22.90	643	18/11/17	Guildford City L2 Winter Meet	Guildford	SE171847	2
50 Butterfly	27.36	28.00	502	17/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	LR172525	3
100 Butterfly	59.38	1:00.60	520	25/11/17	COSC L3 Meet	Oxford	SE172255	3
200 Butterfly	2:29.90	2:32.00	362	04/10/15	City of Oxford Club Championships	Oxford	SE151430	4
50 Backstroke	28.73	29.40	455	11/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180020	2
100 Backstroke	1:05.40	1:06.60	403	27/06/15	Maxwell Swim Club June 2015 L3 Meet	Aylesbury	SE151128	3
200 Backstroke	2:28.02	2:30.30	363	16/03/14	Oxon & North Bucks County Championships	Aylesbury	CC4020	2
200 Individual Medley	2:06.21	2:09.30	655	19/11/17	Guildford City L2 Winter Meet	Guildford	SE171847	2
400 Individual Medley	4:38.63	4:44.80	598	05/11/16	ASA South East Region Winter Championships 2016	Portsmouth	SE162237	2
100 Individual Medley	59.28	59.30	574	03/02/18	Oxfordshire & North Bucks County Championships	Aylesbury	SE180019	2