

# Individual Best Times (All Time)

Thomas Mclagan - (396197) - Chelmsford City SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.23	25.40	506	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Freestyle	56.38	54.90	574	17/01/14	Geneva International Meet 2014	Geneva	GB4008	1
200 Freestyle	1:59.60	1:56.70	620	17/05/14	COBEXE May Meet 2014	Hengrove	SW4432	1
400 Freestyle	4:09.62	4:03.90	685	18/05/14	COBEXE May Meet 2014	Hengrove	SW4432	1
800 Freestyle	9:11.96	9:01.40	549	05/06/10	BG East Region Bagcats	Norwich	ERX012	1
1500 Freestyle	17:10.99	16:50.80	603	17/02/12	Essex County Age Group Championships	Basildon	CC2057	1
50 Breaststroke	34.75	33.80	416	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Breaststroke	1:14.50	1:12.80	445	24/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
200 Breaststroke	2:33.16	2:29.70	549	03/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
50 Butterfly	27.98	27.30	504	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Butterfly	1:02.11	1:00.90	504	17/11/12	The Aquae Sulis Grand Prix 2012	Bristol	SW2525	1
200 Butterfly	2:17.83	2:15.50	513	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
50 Backstroke	31.05	30.40	436	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Backstroke	1:05.64	1:04.40	485	17/05/14	COBEXE May Meet 2014	Hengrove	SW4432	1
200 Backstroke	2:17.80	2:15.40	535	06/05/12	ASA East Region Youth Championships	Basildon	ERX203	1
200 Individual Medley	2:12.92	2:09.90	630	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	ER3693	1
400 Individual Medley	4:35.43	4:29.00	682	11/04/14	British Gas Championships 2014	Glasgow	ASA132	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.06	25.90	520	20/09/14	Chelmsford Club Championships	Chelmsford	ER4646	4
100 Freestyle	53.95	55.50	574	15/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
200 Freestyle	1:56.52	1:59.50	620	03/03/13	Devon County Championships	Plymouth	CC3015	2
400 Freestyle	4:03.71	4:09.40	660	01/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
800 Freestyle	9:02.47	9:13.00	546	12/12/10	Braintree & Bocking Long Distance Champs	Braintree	ER0760	4
1500 Freestyle	16:25.43	16:46.10	634	26/11/14	Chelmsford Club Championships	Chelmsford	ER4652	4
50 Breaststroke	32.31	33.30	460	17/09/16	Chelmsford Club Championships	Braintree	ER161636	4
100 Breaststroke	1:09.21	1:11.00	509	02/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
200 Breaststroke	2:27.83	2:31.40	537	16/02/13	Devon County Championships	Plymouth	CC3014	2
50 Butterfly	27.34	28.00	503	20/09/14	Chelmsford Club Championships	Chelmsford	ER4646	4
100 Butterfly	1:00.35	1:01.60	496	01/10/16	Chelmsford Club Championships	Braintree	ER161637	4
200 Butterfly	2:12.86	2:15.20	520	16/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
50 Backstroke	28.65	29.30	459	17/09/16	Chelmsford Club Championships	Braintree	ER161636	4
100 Backstroke	1:02.52	1:03.80	461	21/02/13	Devon County Championships	Plymouth	CC3016	2
200 Backstroke	2:08.37	2:10.90	557	05/11/14	Chelmsford Club Championships	Chelmsford	ER4649	4
200 Individual Medley	2:07.12	2:10.20	641	16/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
400 Individual Medley	4:28.32	4:34.80	670	07/12/14	ASA East Region Winter Championships	Luton	ERX432	2
100 Individual Medley	1:01.02	1:01.00	526	17/09/16	Chelmsford Club Championships	Braintree	ER161636	4