

Individual Best Times (All Time)

Alex Brown - (3942) - Ashington SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.28	34.90	203	25/10/09	Blyth Lifeguard Champs	Blyth	NE9602	4
100 Freestyle	1:18.96	1:20.00	183	12/11/13	Blyth Club Time Trials 2013	Blyth	NE3705	4
50 Breaststroke	47.78	48.40	142	25/10/09	Blyth Lifeguard Champs	Blyth	NE9602	4
200 Breaststroke	3:55.99	3:58.20	132	25/02/10	Blyth Lifeguard Club Champs	Blyth	NE0028	4
50 Butterfly	38.58	39.10	179	25/10/09	Blyth Lifeguard Champs	Blyth	NE9602	4
50 Backstroke	48.50	48.90	94	24/02/11	Blyth Lifeguard Club Champs	Blyth	NE1035	4
200 Individual Medley	3:24.37	3:26.30	154	22/10/09	Blyth Lifeguard Champs	Blyth	NE9601	4
100 Individual Medley	1:33.15	1:33.20	148	21/10/10	Blyth Club Champs	Blyth	NE0663	4