

Individual Best Times (All Time)

Adam Sayedi - (393856) - Skipton Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.58	25.80	486	04/05/14	ASANER Youth & Senior Championships 2014	Sunderland	NER421	1
100 Freestyle	58.05	56.60	526	03/05/14	ASANER Youth & Senior Championships 2014	Sunderland	NER421	1
200 Freestyle	2:06.53	2:03.80	523	05/05/13	ASA North East Youth & Senior Championship	Sunderland	NER318	1
400 Freestyle	4:32.88	4:27.70	524	04/05/13	ASA North East Youth & Senior Championship	Sunderland	NER318	1
50 Backstroke	32.74	32.10	372	17/03/12	Yorkshire County Championships	Sheffield	CC2043	1
100 Backstroke	1:05.62	1:04.40	486	03/05/14	ASANER Youth & Senior Championships 2014	Sunderland	NER421	1
200 Backstroke	2:20.85	2:18.50	501	05/05/13	ASA North East Youth & Senior Championship	Sunderland	NER318	1
200 Individual Medley	2:26.77	2:24.10	468	05/05/13	ASA North East Youth & Senior Championship	Sunderland	NER318	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.56	26.40	490	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
100 Freestyle	55.58	57.10	525	12/10/13	Yorkshire Winter Competition	Sheffield	NE3973	2
200 Freestyle	2:03.05	2:05.80	526	23/06/13	Harrogate District SC Summer A Grade Meet	Harrogate	NE3730	3
400 Freestyle	4:24.47	4:29.70	516	24/11/13	City of Bradford Winter Meet	Leeds	NE3644	3
50 Breaststroke	36.05	36.90	331	28/07/13	City of Bradford SC End of Season Meet	Shipley	NE3328	3
200 Breaststroke	2:51.09	2:54.10	346	22/06/13	Harrogate District SC Summer A Grade Meet	Harrogate	NE3730	3
50 Butterfly	29.75	30.40	390	27/07/13	City of Bradford SC End of Season Meet	Shipley	NE3328	3
100 Butterfly	1:14.28	1:15.30	266	23/07/11	City of Bradford End of Season Meet	Bradford	NE1264	3
50 Backstroke	30.06	30.70	397	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	NE182328	2
100 Backstroke	1:03.92	1:05.20	432	28/07/13	City of Bradford SC End of Season Meet	Shipley	NE3328	3
200 Backstroke	2:15.80	2:18.20	470	24/11/13	City of Bradford Winter Meet	Leeds	NE3644	3
200 Individual Medley	2:22.00	2:24.70	460	13/10/13	Yorkshire Winter Competition	Sheffield	NE3973	2
100 Individual Medley	1:21.11	1:21.10	224	25/07/09	City of Bradford Meet	Shipley	NE9273	3