

Individual Best Times (All Time)

Bethany Marshall - (393598) - Tadcaster York Sport Swim Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.23	29.50	476	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Freestyle	1:06.64	1:05.40	467	07/01/17	City of Leeds New Year Meet 2017	Leeds	NE170154	3
200 Freestyle	2:22.63	2:20.20	495	07/01/17	City of Leeds New Year Meet 2017	Leeds	NE170154	3
400 Freestyle	5:07.69	5:03.10	447	31/05/15	Sports Aid Long Course Licensed Meet	Leeds	NE150214	1
50 Breaststroke	40.06	39.30	385	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
200 Breaststroke	3:40.59	3:38.20	242	02/10/11	City of Leeds Junior Open Meet	Leeds	NE1329	1
50 Backstroke	34.67	34.10	465	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Backstroke	1:14.98	1:13.90	447	08/01/17	City of Leeds New Year Meet 2017	Leeds	NE170154	3
200 Backstroke	2:37.22	2:35.10	480	08/01/17	City of Leeds New Year Meet 2017	Leeds	NE170154	3
200 Individual Medley	2:51.09	2:48.80	400	31/05/15	Sports Aid Long Course Licensed Meet	Leeds	NE150214	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.67	30.40	461	18/06/16	Viking Sprints 2016	Leeds	NE160683	3
100 Freestyle	1:04.25	1:05.50	478	10/10/15	Yorkshire Winter Competition	Sheffield	NE151548	2
200 Freestyle	2:19.45	2:21.90	494	17/07/16	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE160533	3
400 Freestyle	5:00.35	5:05.00	456	16/07/16	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE160533	3
50 Breaststroke	39.71	40.50	364	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
100 Breaststroke	1:27.69	1:29.10	359	24/09/16	York City Baths Autumn Swim Extravaganza	Leeds	NE161208	3
200 Breaststroke	3:10.09	3:12.90	354	17/07/16	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE160533	3
50 Butterfly	35.30	35.80	329	18/06/16	Viking Sprints 2016	Leeds	NE160683	3
50 Backstroke	34.15	34.70	404	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
100 Backstroke	1:12.59	1:13.70	432	27/08/16	Sheffield City 13th Annual Open Sprints Meet	Sheffield	NE160855	3
200 Backstroke	2:33.42	2:35.60	465	16/07/16	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE160533	3
200 Individual Medley	2:43.47	2:45.90	414	24/09/16	York City Baths Autumn Swim Extravaganza	Leeds	NE161208	3
400 Individual Medley	6:05.46	6:10.20	355	18/07/15	City of Bradford SC End of Season Meet Level 3	Shipley	NE150916	3
100 Individual Medley	1:13.55	1:13.60	453	18/06/16	Viking Sprints 2016	Leeds	NE160683	3