

Individual Best Times (All Time)

Megan Summers - (390709) - Bor of Waltham Forest (Gators)

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|----------|-----------------|-----------|----------|--|----------------|----------|-------|
| 50 Freestyle | 30.46 | 29.80 | 465 | 04/01/15 | BWFSC Level 1 Long Course Meet | London | LR150167 | 1 |
| 100 Freestyle | 1:03.80 | 1:02.50 | 532 | 02/06/13 | ASA London Region Age Groups 2013 | London | LRX310 | 1 |
| 200 Freestyle | 2:21.62 | 2:19.10 | 505 | 08/06/13 | ASA London Region Age Group Championship | London | LRX311 | 1 |
| 400 Freestyle | 4:59.38 | 4:54.70 | 486 | 01/06/13 | ASA London Region Age Groups 2013 | London | LRX310 | 1 |
| 800 Freestyle | 10:43.26 | 10:34.20 | 428 | 03/11/12 | Rushmoor Royals SC Distance Meet | Aldershot | SE2587 | 1 |
| 50 Breaststroke | 47.54 | 46.90 | 230 | 30/10/10 | Rushmoor Royals Open | Aldershot | SE0592 | 1 |
| 100 Breaststroke | 1:29.03 | 1:27.60 | 373 | 09/06/13 | ASA London Region Age Group Championship | London | LRX311 | 1 |
| 200 Breaststroke | 3:26.22 | 3:23.60 | 296 | 05/06/10 | BG London Region Bagcats | London | LRX009 | 1 |
| 50 Butterfly | 34.41 | 33.90 | 357 | 13/04/14 | Crawley Spring Open Meet | Crawley | SE4285 | 1 |
| 100 Butterfly | 1:19.44 | 1:18.50 | 340 | 19/01/13 | Killerwhales SC Winter Open Meet | Basildon | LR3045 | 1 |
| 200 Butterfly | 3:10.56 | 3:08.90 | 261 | 21/05/11 | Bracknell & Wokingham Open Meet | Aldershot | SE1040 | 1 |
| 50 Backstroke | 40.49 | 40.00 | 291 | 30/10/10 | Rushmoor Royals Open | Aldershot | SE0592 | 1 |
| 100 Backstroke | 1:16.94 | 1:15.90 | 413 | 18/05/13 | Bracknell & Wokingham Level 1 Open Meet | Aldershot | SE3133 | 1 |
| 200 Backstroke | 2:48.11 | 2:46.10 | 393 | 10/04/11 | Bexley Long Course Open Meet | Crystal Palace | LR1012 | 1 |
| 200 Individual Medley | 2:43.97 | 2:41.50 | 455 | 18/05/13 | Bracknell & Wokingham Level 1 Open Meet | Aldershot | SE3133 | 1 |
| 400 Individual Medley | 5:45.12 | 5:40.00 | 457 | 13/04/13 | Bexley SC Long Course Open Meet | London | LR3128 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|----------------|---------|-------|
| 50 Freestyle | 29.42 | 30.10 | 473 | 16/02/14 | Essex County Age Groups Championships | Basildon | CC4039 | 2 |
| 100 Freestyle | 1:03.82 | 1:05.10 | 488 | 15/03/14 | Essex County Championships | Basildon | CC4040 | 2 |
| 200 Freestyle | 2:21.24 | 2:23.70 | 476 | 30/03/14 | Essex County Age Groups Championships | Basildon | CC4042 | 2 |
| 400 Freestyle | 5:00.07 | 5:04.70 | 457 | 01/12/12 | Thurrock SC County Qualifier | Thurrock | ER2335 | 3 |
| 800 Freestyle | 11:27.67 | 11:36.00 | 334 | 10/11/10 | Waltham Forest Club Champs | Waltham Forest | LR0674 | 4 |
| 50 Breaststroke | 38.93 | 39.70 | 387 | 24/02/13 | Essex County Championships | Basildon | CC3019 | 2 |
| 100 Breaststroke | 1:24.93 | 1:26.40 | 395 | 16/03/14 | Essex County Championships | Basildon | CC4040 | 2 |
| 200 Breaststroke | 3:03.64 | 3:06.50 | 393 | 29/03/14 | Essex County Age Groups Championships | Basildon | CC4042 | 2 |
| 50 Butterfly | 33.69 | 34.20 | 378 | 30/03/14 | Essex County Age Groups Championships | Basildon | CC4042 | 2 |
| 100 Butterfly | 1:17.04 | 1:18.00 | 345 | 27/04/14 | London Borough of Redbridge Meet 2014 | Barking | LR4030 | 3 |
| 200 Butterfly | 2:49.65 | 2:51.50 | 350 | 14/07/13 | Boro of Waltham Forest End of Season | Waltham | LR3298 | 3 |
| 50 Backstroke | 34.56 | 35.10 | 389 | 29/03/14 | Essex County Age Groups Championships | Basildon | CC4042 | 2 |
| 100 Backstroke | 1:07.97 | 1:09.10 | 526 | 19/09/14 | Boro Waltham Forest Club Championships | Walthamstow | LR4926 | 4 |
| 200 Backstroke | 2:34.14 | 2:36.30 | 459 | 15/02/14 | Essex County Age Groups Championships | Basildon | CC4039 | 2 |
| 200 Individual Medley | 2:38.36 | 2:40.80 | 455 | 16/02/14 | Essex County Age Groups Championships | Basildon | CC4039 | 2 |
| 400 Individual Medley | 5:50.43 | 5:55.40 | 403 | 04/12/11 | Canvey Island Annual Winter Meet | Thurrock | ER1519 | 3 |
| 100 Individual Medley | 1:13.90 | 1:13.90 | 447 | 24/03/13 | Essex County Age Group Championships | Basildon | CC3021 | 2 |