

Individual Best Times (All Time)

Thomas Connolly - (390673) - Bishops Stortford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.47	29.80	323	03/02/13	Bishops Stortford SC 1st Long Course Open	Basildon	ER3078	3
100 Freestyle	1:04.35	1:03.00	386	25/05/13	City of Sheffield No Frill Meet	Sheffield	NE3172	1
200 Freestyle	2:17.78	2:15.20	405	16/11/13	Crawley Not So Early Bird Meet	Crawley	SE3141	1
400 Freestyle	4:46.24	4:41.30	454	16/11/13	Crawley Not So Early Bird Meet	Crawley	SE3141	1
50 Breaststroke	39.48	38.70	283	18/06/11	Portsmouth Northsea Sprint Meet	Portsmouth	SE1241	3
100 Breaststroke	1:32.92	1:31.60	229	18/06/11	Portsmouth Northsea Sprint Meet	Portsmouth	SE1241	3
50 Butterfly	30.52	29.90	388	03/02/13	Bishops Stortford SC 1st Long Course Open	Basildon	ER3078	3
100 Butterfly	1:08.54	1:07.40	375	26/05/13	City of Sheffield No Frill Meet	Sheffield	NE3172	1
50 Backstroke	38.98	38.50	220	18/06/11	Portsmouth Northsea Sprint Meet	Portsmouth	SE1241	3
100 Backstroke	1:24.34	1:23.40	229	18/06/11	Portsmouth Northsea Sprint Meet	Portsmouth	SE1241	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.57	29.30	351	01/02/14	Hatfield Valentines Meet	Hertfordshire	ER4265	3
100 Freestyle	1:02.97	1:04.30	361	06/10/13	Bishop Stortford 5th Autumn Open Meet	Braintree	ER3472	3
200 Freestyle	2:13.53	2:16.10	412	03/11/13	Teamipswich Swimming November Open Meet	Ipswich	ER3536	3
400 Freestyle	4:37.69	4:42.70	446	24/03/13	Hertfordshire County Championships	Borehamwood	CC3089	2
800 Freestyle	12:20.77	12:28.60	214	02/11/08	Bishops Stortford Champs	Bishop's Stortford	ER8473	4
1500 Freestyle	18:58.50	19:16.50	411	21/06/13	Bishops Stortford 2013 Club Championships	Bishop's Stortford	ER3448	4
50 Breaststroke	37.75	38.60	288	06/10/12	London Boro Of Redbridge Early County Meet	Fullwell Cross	LR2113	3
100 Breaststroke	1:27.58	1:29.00	251	10/10/10	Killerwhales Gala	Grays	LR0123	4
200 Breaststroke	3:12.16	3:14.90	244	10/01/10	Sudbury & Dist Last Chance	Sudbury	ER0080	4
50 Butterfly	30.01	30.60	380	01/02/14	Hatfield Valentines Meet	Hertfordshire	ER4265	3
100 Butterfly	1:06.64	1:07.80	368	01/02/14	Hatfield Valentines Meet	Hertfordshire	ER4265	3
200 Butterfly	2:32.75	2:34.80	342	26/01/14	Bishops Stortford Last Chance Time Trials	Bishop's Stortford	ER4313	4
50 Backstroke	35.59	36.20	239	05/07/13	Bishops Stortford 2013 Club Championships	Bishop's Stortford	ER3448	4
100 Backstroke	1:21.76	1:22.70	206	30/09/11	Bishop's Stortford Club Championships	Bishop's Stortford	ER1338	4
200 Backstroke	3:12.22	3:14.00	165	12/07/09	Bishop Stortford Champs	Bishop's Stortford	ER9381	4
200 Individual Medley	2:38.46	2:40.90	331	12/07/13	Bishops Stortford 2013 Club Championships	Bishop's Stortford	ER3448	4
100 Individual Medley	1:13.22	1:13.20	304	23/09/12	Bishops Stortford SC 4th Autumn Open Meet	Braintree	ER2402	3