

Individual Best Times (All Time)

Brooke Humphreys - (389866) - Denbighshire Development Team

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.25	33.90	327	27/11/10	Wrexham Junior Sprint Meet	Wrexham	WAL334	3
100 Freestyle	1:14.64	1:15.80	305	20/03/11	Wrexham Anniversary Meet AA Grade Gala	Wrexham	WAL347	3
200 Freestyle	2:49.31	2:51.40	276	05/12/09	North Sub Regional Champ	Llandudno	WAL270	4
50 Breaststroke	45.51	46.20	242	02/10/11	East Clwyd League Championships	Holywell	WAL382	4
100 Breaststroke	1:35.90	1:37.20	274	25/11/12	BG Swim Wales North 2012 Sub Regional	Llandudno	WAL465	4
200 Breaststroke	3:42.37	3:44.70	221	17/01/10	Holywell Valentine	Holywell	WAL274	1
50 Butterfly	39.02	39.50	243	06/07/13	Holywell Summer Sprint	Holywell	WAL508	4
100 Butterfly	1:33.48	1:34.30	193	06/07/13	Holywell Summer Sprint	Holywell	WAL508	4
50 Backstroke	39.67	40.20	257	06/07/13	Holywell Summer Sprint	Holywell	WAL508	4
100 Backstroke	1:22.74	1:23.70	291	25/11/12	BG Swim Wales North 2012 Sub Regional	Llandudno	WAL465	4
200 Backstroke	3:05.49	3:07.30	263	08/02/10	Swim Wales North Regional	Llandudno	WAL282	1
200 Individual Medley	3:01.46	3:03.60	302	04/12/11	BG Swim Wales North Sub Region Champs	Llandudno	WAL396	4
400 Individual Medley	6:27.17	6:31.70	299	24/11/12	BG Swim Wales North 2012 Sub Regional	Llandudno	WAL465	4
100 Individual Medley	1:26.82	1:26.80	275	06/07/13	Holywell Summer Sprint	Holywell	WAL508	4