

Individual Best Times (All Time)

Jennifer Ballinger - (386782) - Northgate Bridgnorth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.05	29.30	485	04/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM150963	3
100 Freestyle	1:05.02	1:03.70	503	11/04/15	Derventio Excel 9th Open Meet	Sheffield	EM150029	1
200 Freestyle	2:22.79	2:20.30	493	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
400 Freestyle	5:01.92	4:57.20	473	02/10/16	Sherwood Colliery The Robin Hood Open Meet 2016	Sheffield	EM161455	3
50 Breaststroke	37.03	36.20	488	02/05/16	West Midlands ASA Championships	Coventry	WM160481	1
100 Breaststroke	1:18.82	1:17.20	538	01/05/16	West Midlands ASA Championships	Coventry	WM160481	1
200 Breaststroke	2:49.93	2:46.80	530	02/05/16	West Midlands ASA Championships	Coventry	WM160481	1
50 Butterfly	32.80	32.20	413	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
100 Butterfly	1:18.69	1:17.70	350	04/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM150963	3
200 Individual Medley	2:50.28	2:47.90	406	11/05/13	City of Manchester AST The Manchester Open	Manchester	NW3080	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.70	30.40	460	28/02/16	Shropshire ASA County Age Group Championships	Wolverhampton	WM160039	2
100 Freestyle	1:04.13	1:05.40	481	21/02/16	Shropshire ASA County Age Group Championships	Wolverhampton	WM160038	2
200 Freestyle	2:17.60	2:20.10	515	23/11/14	P B Buster Gala	Wolverhampton	WM4723	3
400 Freestyle	4:52.46	4:57.20	494	21/02/16	Shropshire ASA County Age Group Championships	Wolverhampton	WM160038	2
800 Freestyle	9:55.38	10:05.00	515	18/02/17	Shropshire County Championships 2017	Wolverhampton	WM170438	2
1500 Freestyle	24:39.81	24:53.70	231	02/04/10	City of Birmingham 17th Meet	Birmingham	WM0042	2
50 Breaststroke	35.73	36.60	500	07/11/15	Midland 2015 Short Course Championships	Nottingham	EM151953	2
100 Breaststroke	1:16.87	1:18.50	533	08/11/15	Midland 2015 Short Course Championships	Nottingham	EM151953	2
200 Breaststroke	2:44.53	2:47.70	547	06/11/16	Midland Short Course Championships 2016	Nottingham	EM162223	2
50 Butterfly	31.98	32.60	443	19/02/17	Shropshire County Championships 2017	Wolverhampton	WM170438	2
100 Butterfly	1:11.88	1:12.90	425	24/02/15	Shropshire County Age Group Championships	Wolverhampton	CC150061	2
200 Butterfly	2:48.79	2:50.70	355	26/09/15	Northgate Annual Championships	Bridgnorth	WM151839	4
50 Backstroke	35.11	35.70	371	18/02/17	Shropshire County Championships 2017	Wolverhampton	WM170438	2
100 Backstroke	1:13.64	1:14.70	414	18/09/16	Northgate Club Championships	Much Wenlock	WM161933	4
200 Backstroke	2:41.15	2:43.20	402	22/02/15	Shropshire County Age Group Championships	Wolverhampton	CC150060	2
200 Individual Medley	2:35.94	2:38.40	477	25/02/17	Shropshire County Championships 2017	Wolverhampton	WM170439	2
400 Individual Medley	5:38.96	5:44.10	445	22/09/16	Northgate Club Championships	Much Wenlock	WM161935	4
100 Individual Medley	1:12.17	1:12.20	480	21/02/15	Shropshire County Age Group Championships	Wolverhampton	CC150060	2