

Individual Best Times (All Time)

Carl Naven - (37439) - Hoylake SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.73	24.90	536	12/02/11	BUCS Swimming Championships (50m) 2011	Sheffield	BUC003	1
100 Freestyle	54.90	53.40	621	15/03/08	Lancashire County Champs	Manchester	CC8020	2
200 Freestyle	2:02.19	1:59.30	581	15/12/07	City of Leeds ChristmasMt	Leeds	NE7205	2
400 Freestyle	4:30.31	4:25.10	539	29/01/05	Gateshead & Whickham LC Mt2005	Sheffield	L1E272	1
1500 Freestyle	18:58.99	18:40.70	447	19/06/04	Northern Counties AgeGrp Champ	Manchester	DCN002	1
50 Breaststroke	31.43	30.40	562	16/03/08	Lancashire County Champs	Manchester	CC8020	2
100 Breaststroke	1:09.69	1:07.90	543	15/03/08	Lancashire County Champs	Manchester	CC8020	2
200 Breaststroke	2:47.19	2:44.00	422	11/12/05	Leeds Christmas Cracker	Leeds	NE5029	2
100 Butterfly	1:32.23	1:31.40	154	15/02/03	Central Lancs Age Groups 2003	Wigan	DMN082	1
50 Backstroke	38.35	37.80	231	17/03/02	Lancashire County Championship	Wigan	CTY182	1
100 Backstroke	1:16.52	1:15.50	306	23/03/03	Lancashire County Champs	Wigan	CTY225	1
200 Backstroke	2:53.46	2:51.50	268	13/01/02	City of Derby Long Course Meet	Sheffield	DMM083	1
200 Individual Medley	2:22.25	2:19.50	514	19/03/06	Lancashire County Champs	Manchester	CC6019	2

Short Course

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50 Freestyle	24.50	25.30	557	16/10/10	Manchester & District	Manchester	NW0441	3
100 Freestyle	53.38	54.90	592	16/10/10	Manchester & District	Manchester	NW0441	3
200 Freestyle	2:07.08	2:09.80	478	08/02/04	Central Lancs Prelim Age Group	Burnley	L2N051	2
400 Freestyle	4:30.10	4:35.20	485	20/03/04	Lancashire County Championship	Wigan	CCN021	2
1500 Freestyle	16:50.10	17:10.30	589	31/03/06	Salford Spring Meet	Salford	NW6135	2
50 Breaststroke	31.24	32.20	509	16/10/10	Manchester & District	Manchester	NW0441	3
100 Breaststroke	1:09.69	1:11.50	499	27/01/07	Central Lancs Prelims	Manchester	NW7101	2
200 Breaststroke	2:40.55	2:43.80	419	15/01/06	Borough of Kirklees Open	Huddersfield	NE6033	1
50 Butterfly	27.17	27.90	512	16/10/10	Manchester & District	Manchester	NW0441	3
100 Butterfly	1:05.37	1:06.50	390	05/11/05	Salford Potential Olympic	Salford	NW5022	2
50 Backstroke	38.84	39.40	184	11/05/02	Manchester & District Champs	Broughton	DMN064	2
100 Backstroke	1:08.37	1:09.50	353	05/11/05	Salford Potential Olympic	Salford	NW5022	2
200 Backstroke	2:29.69	2:31.90	351	07/02/04	Central Lancs Prelim Age Group	Burnley	L2N051	2
200 Individual Medley	2:23.40	2:26.10	446	05/11/05	Salford Potential Olympic	Salford	NW5022	2
100 Individual Medley	1:21.50	1:21.50	221	11/05/02	Manchester & District Champs	Broughton	DMN064	2