

# Individual Best Times (All Time)

Connor Joyce - (371592) - Cockermouth SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.19	23.30	645	03/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
100 Freestyle	53.21	51.60	683	04/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
200 Freestyle	2:02.64	1:59.80	575	13/03/16	Edinburgh International Meet	Edinburgh	SCO1099	1
400 Freestyle	4:23.90	4:18.50	579	24/05/15	ASA 2015 North West Regional Championships	Liverpool	NW150542	1
1500 Freestyle	18:13.81	17:54.80	504	04/04/14	Stockport April Meet 2014	Stockport	NW4345	1
50 Breaststroke	30.77	29.70	599	27/05/18	DX 2nd Long Course Open Meet	Sheffield	EM180319	1
100 Breaststroke	1:06.58	1:04.70	623	02/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
200 Breaststroke	2:26.63	2:23.00	626	02/03/18	Edinburgh International Inc British Championships	Edinburgh	SCO1430	1
50 Butterfly	27.24	26.50	546	27/05/18	DX 2nd Long Course Open Meet	Sheffield	EM180319	1
100 Butterfly	1:00.85	59.60	536	29/04/17	ASA North West Region Summer Championships	Manchester	NW170270	1
200 Butterfly	2:24.55	2:22.30	444	31/05/15	2015 North West Regional Championships	Manchester	NW150102	1
50 Backstroke	28.26	27.50	578	26/05/18	DX 2nd Long Course Open Meet	Sheffield	EM180319	1
100 Backstroke	1:01.86	1:00.60	580	28/04/18	2018 SENW Summer Championships	Manchester	NW180832	1
200 Backstroke	2:28.56	2:26.30	427	11/04/15	Stockport Metro April LC Open Meet	Stockport	NW150006	1
200 Individual Medley	2:11.28	2:08.30	654	03/03/18	Edinburgh International Inc British Championships	Edinburgh	SCO1430	1
400 Individual Medley	4:48.87	4:42.70	591	04/08/15	ASA Summer Nationals 2015	Sheffield	ASA142	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.05	24.90	589	25/11/17	Allerdale Gala 2017	Workington	NW171599	3
100 Freestyle	52.17	53.70	634	25/11/17	Allerdale Gala 2017	Workington	NW171599	3
200 Freestyle	1:56.50	1:59.40	620	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	NW180376	2
400 Freestyle	4:20.13	4:25.50	543	14/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven	CC150100	2
1500 Freestyle	17:16.51	17:36.20	545	29/01/16	Cumbria Age Groups & County Championships	Workington	NW160080	2
50 Breaststroke	30.37	31.40	554	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	NW180376	2
100 Breaststroke	1:05.67	1:07.60	596	08/10/17	Swim England National County Team Div 2 Champs	Sheffield	ENG007	2
200 Breaststroke	2:23.80	2:27.40	583	03/02/18	2018 Cumbrian County Championships & Age Groups	Kendal	NW180377	2
50 Butterfly	26.72	27.40	539	26/11/17	Allerdale Gala 2017	Workington	NW171599	3
100 Butterfly	58.68	1:00.00	539	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	NW180376	2
200 Butterfly	2:16.37	2:18.70	481	28/01/17	Cumbria Age Groups & County Championships	Workington	NW170239	2
50 Backstroke	27.52	28.20	518	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	NW180376	2
100 Backstroke	59.38	1:00.70	539	25/11/17	Allerdale Gala 2017	Workington	NW171599	3
200 Backstroke	2:20.75	2:23.10	422	06/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	NW160081	2
200 Individual Medley	2:07.17	2:10.20	640	18/11/17	Stockport Metro November Meet 2017	Stockport	NW172023	2
400 Individual Medley	4:46.97	4:53.00	547	28/02/16	Cumbria Age Groups & County Championships	Kendal	NW160082	2
100 Individual Medley	58.17	58.20	608	27/01/18	2018 Cumbrian County Championships & Age Groups	Carlisle	NW180376	2