

Individual Best Times (All Time)

Scott Jones - (359328) - Epsom District SC

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|-------|----------|-------|
| 50 Freestyle | 28.20 | 28.90 | 365 | 20/04/15 | Epsom District Sprint Championships 2015 | Epsom | SE151351 | 4 |
| 100 Freestyle | 1:03.09 | 1:04.40 | 359 | 18/01/15 | Epsom District Short Course Winter Open Meet | Epsom | SE150250 | 3 |
| 200 Freestyle | 2:18.47 | 2:21.00 | 369 | 17/01/15 | Epsom District Short Course Winter Open Meet | Epsom | SE150250 | 3 |
| 400 Freestyle | 4:47.94 | 4:52.80 | 400 | 21/11/15 | Epsom District Autumn Club Championships | Epsom | SE152289 | 4 |
| 50 Breaststroke | 40.72 | 41.50 | 230 | 20/04/15 | Epsom District Sprint Championships 2015 | Epsom | SE151351 | 4 |
| 100 Breaststroke | 1:40.84 | 1:42.10 | 164 | 01/12/12 | Epsom District Swimming Club Autumn Champs | Epsom | SE2363 | 4 |
| 200 Breaststroke | 3:25.52 | 3:28.10 | 199 | 24/11/13 | Epsom & District Club Championships | Epsom | SE3430 | 4 |
| 50 Butterfly | 31.12 | 31.70 | 341 | 07/12/14 | Epsom District Autumn Club Championships 2014 | Epsom | SE14152 | 4 |
| 50 Backstroke | 32.16 | 32.80 | 324 | 20/04/15 | Epsom District Sprint Championships 2015 | Epsom | SE151351 | 4 |
| 100 Backstroke | 1:11.09 | 1:12.20 | 314 | 21/11/15 | Epsom District Autumn Club Championships | Epsom | SE152289 | 4 |
| 200 Individual Medley | 2:36.33 | 2:38.80 | 344 | 18/01/15 | Epsom District Short Course Winter Open Meet | Epsom | SE150250 | 3 |
| 400 Individual Medley | 5:33.77 | 5:39.00 | 348 | 22/11/15 | Epsom District Autumn Club Championships | Epsom | SE152289 | 4 |
| 100 Individual Medley | 1:10.01 | 1:10.00 | 348 | 22/11/15 | Epsom District Autumn Club Championships | Epsom | SE152289 | 4 |