

Individual Best Times (All Time)

Joseph Roebuck - (3552) - Ellesmere College Titans SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.08	23.20	654	21/12/08	City of Leeds Xmas Cracker	Leeds	NE8304	1
100 Freestyle	51.24	49.60	764	16/01/11	Chester Le Street Burns Open Meet	Sheffield	NE1076	1
200 Freestyle	1:50.47	1:47.30	787	19/08/10	BG ASA Championships 2010	Sunderland	ASA103	1
400 Freestyle	4:04.33	3:58.50	730	01/12/07	Snow Frills Winter Meet	Sheffield	NE7056	1
50 Breaststroke	32.16	31.20	525	12/05/02	NECASA Age Group Championships	Sheffield	NEC019	1
100 Breaststroke	1:05.25	1:03.30	662	22/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	SW3980	1
200 Breaststroke	2:22.41	2:18.70	684	24/05/09	Rotherham Metro LC Meet	Sheffield	NE9007	1
50 Butterfly	25.40	24.60	673	21/12/08	City of Leeds Xmas Cracker	Leeds	NE8304	1
100 Butterfly	52.78	51.30	822	30/06/13	British Gas Swimming Championships	Sheffield	ASA126	1
200 Butterfly	1:55.94	1:53.20	861	06/03/12	British Gas Swimming Championships 2012	London	ASA116	1
50 Backstroke	29.58	28.90	504	13/04/02	Rotherham Metro LC Meet	Sheffield	DME065	1
100 Backstroke	1:03.04	1:01.80	548	20/04/03	Rotherham Metro Long Course Mt	Sheffield	DME084	1
200 Backstroke	2:14.12	2:11.60	581	23/05/09	Rotherham Metro LC Meet	Sheffield	NE9007	1
200 Individual Medley	1:58.16	1:54.80	898	08/03/12	British Gas Swimming Championships 2012	London	ASA116	1
400 Individual Medley	4:14.02	4:07.00	870	12/03/11	British Gas Swimming Championships 2011	Manchester	ASA108	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
100 Freestyle	51.85	53.40	646	16/11/13	Millfield & Taunton Deane L2 Meet	Millfield	SW3871	2
200 Freestyle	1:47.89	1:51.00	781	13/11/10	British University Champs	Sheffield	BUC002	2
400 Freestyle	4:24.90	4:30.10	514	23/04/00	Rotherham Metro Easter Meet	Roterham	DME030	2
100 Breaststroke	1:02.04	1:04.00	707	17/11/13	Millfield & Taunton Deane L2 Meet	Millfield	SW3871	2
200 Breaststroke	2:16.28	2:20.10	685	05/10/08	Darlington Open Meet	Darlington	NE8272	1
50 Butterfly	30.69	31.30	355	06/11/99	NCEASA Short Course Champs	Middlesborough	NEC006	2
100 Butterfly	51.60	53.00	793	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1
200 Butterfly	1:51.27	1:54.10	885	12/12/09	European Short Course	Istanbul, Turkey	INT226	2
50 Backstroke	31.03	31.70	361	22/01/00	City of Derby Open Meet	Derby	DMM039	2
100 Backstroke	1:00.71	1:02.00	504	28/10/01	ASA Inter-Counties Gala	Sheffield	ASA019	2
200 Backstroke	2:03.48	2:06.10	625	04/10/08	Darlington Open Meet	Darlington	NE8272	1
200 Individual Medley	1:54.24	1:57.60	883	10/12/09	European Short Course	Istanbul, Turkey	INT226	2
400 Individual Medley	4:01.63	4:08.80	917	11/12/09	European Short Course	Istanbul, Turkey	INT226	2
100 Individual Medley	1:03.26	1:03.30	472	03/11/01	NECASA Short Course Champs	Middlesborough	NEC016	2