

Individual Best Times (All Time)

Alexander Cawthorne - (355056) - Tilehurst SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.06	26.30	461	09/02/14	Wycombe District Annual LC Open Meet	Wycombe	SE4140	1
100 Freestyle	59.20	57.80	495	11/04/15	City of Bristol Level 1 April Meet	Bristol	SW150403	1
200 Freestyle	2:11.35	2:08.70	468	08/02/14	Wycombe District Annual LC Open Meet	Wycombe	SE4140	1
400 Freestyle	5:06.35	5:01.70	370	31/05/09	South East Region Champs	Crawley	SER910	1
50 Breaststroke	31.49	30.50	559	17/02/18	BUCS Long Course Swimming Championships	Sheffield	NE180246	1
100 Breaststroke	1:08.66	1:06.80	568	31/05/15	ASASER Swimming Championships	Crawley	SE150986	1
200 Breaststroke	2:35.23	2:31.80	528	31/05/15	ASASER Swimming Championships	Crawley	SE150986	1
50 Butterfly	30.74	30.10	380	09/02/14	Wycombe District Annual LC Open Meet	Wycombe	SE4140	1
50 Backstroke	31.58	30.90	414	04/05/14	ASA South East Region Youth Championships	Crawley	SER416	1
100 Backstroke	1:12.58	1:11.50	359	04/05/13	BG South East Region Youth Champs	Crawley	SER301	1
200 Backstroke	2:49.18	2:47.20	289	30/05/09	South East Region Champs	Crawley	SER910	1
200 Individual Medley	2:29.31	2:26.60	445	17/02/13	Wycombe District Annual LC Open Meet	Wycombe	SE3250	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.80	26.60	477	05/07/15	Tilehurst Spring Meet	Tilehurst	SE151434	4
100 Freestyle	55.90	57.40	516	17/11/13	Tilehurst Club Championships	Reading	SE3979	4
200 Freestyle	2:03.85	2:06.60	516	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
400 Freestyle	4:39.71	4:44.70	436	27/10/12	Tigers SC 31st Autumn Open Meet	Jersey	SE2324	2
1500 Freestyle	19:11.89	19:29.70	397	02/04/10	Reading Easter Meet	Reading	SE0100	2
50 Breaststroke	30.69	31.70	537	11/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
100 Breaststroke	1:05.93	1:07.80	589	15/11/15	BUCS Short Course Championships	Sheffield	NE151867	2
200 Breaststroke	2:29.75	2:33.20	516	25/10/14	Walkers Tigers 33rd Open Meet	Jersey	SE4516	2
50 Butterfly	29.14	29.80	415	05/07/15	Tilehurst Spring Meet	Tilehurst	SE151434	4
100 Butterfly	1:05.89	1:07.00	381	28/11/14	Tilehurst Club Championships	Reading	SE14712	4
50 Backstroke	29.02	29.70	442	10/07/16	Tilehurst Club Sprint Meet	Reading	SE161465	4
100 Backstroke	1:03.60	1:04.80	438	28/11/14	Tilehurst Club Championships	Reading	SE14712	4
200 Backstroke	2:38.38	2:40.50	296	12/04/09	Reading Easter Open	Reading	SE9112	2
200 Individual Medley	2:18.78	2:21.60	492	11/10/14	National Swimming Arena South 2014 R 1	Portsmouth	LR14179	3
400 Individual Medley	5:06.57	5:12.20	449	24/10/14	Walkers Tigers 33rd Open Meet	Jersey	SE4516	2
100 Individual Medley	1:01.74	1:01.70	508	05/07/15	Tilehurst Spring Meet	Tilehurst	SE151434	4