

Individual Best Times (All Time)

Amy Herbert - (354633) - Buckie ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.42	40.90	182	19/03/11	Deveron Sprints 2011	Banff	SCO499	2
100 Freestyle	1:12.93	1:14.10	327	08/02/14	Peterhead ASC Graded Meet	Peterhead	SCO806	2
200 Freestyle	2:36.72	2:38.90	348	15/02/14	2014 Elgin Spring Meet	Buckie	SCO812	2
400 Freestyle	5:17.67	5:22.10	386	14/06/14	North District Development Meet	Inverness	SCO864	1
50 Breaststroke	56.92	57.50	123	19/03/11	Deveron Sprints 2011	Banff	SCO499	2
100 Breaststroke	1:39.20	1:40.50	248	08/02/14	Peterhead ASC Graded Meet	Peterhead	SCO806	2
200 Breaststroke	3:24.83	3:27.40	283	14/06/14	North District Development Meet	Inverness	SCO864	1
50 Butterfly	42.45	42.90	189	17/03/12	Deveron Age Group Sprints	Banff	SCO595	2
100 Butterfly	1:26.76	1:27.60	241	26/10/13	Alford Otters 4th 100 Meet	Westhill	SCO771	2
200 Butterfly	3:02.26	3:04.00	282	14/06/14	North District Development Meet	Inverness	SCO864	1
50 Backstroke	43.16	43.60	200	17/03/12	Deveron Age Group Sprints	Banff	SCO595	2
100 Backstroke	1:23.35	1:24.30	285	07/09/14	Cult Otters Challenge Trophy Gala	Aberdeen	SCO875	2
200 Backstroke	2:49.64	2:51.60	344	14/06/14	North District Development Meet	Inverness	SCO864	1
200 Individual Medley	2:57.22	2:59.40	325	20/04/14	Buckie ASC Age Group Meet	Buckie	SCO848	2
400 Individual Medley	6:08.31	6:13.10	347	20/04/14	Buckie ASC Age Group Meet	Buckie	SCO848	2
100 Individual Medley	1:26.07	1:26.10	283	26/10/13	Alford Otters 4th 100 Meet	Westhill	SCO771	2