

Individual Best Times (All Time)

Scott Mizon - (353383) - Maldon Sharks Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.80	29.50	342	23/09/12	Bishops Stortford SC 4th Autumn Open Meet	Braintree	ER2402	3
100 Freestyle	1:07.00	1:08.20	299	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	ER2625	3
50 Breaststroke	49.00	49.60	132	05/02/11	Basildon & Phoenix New Year Open Meet	Grays	ER1176	4
50 Butterfly	33.05	33.60	285	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	ER2625	3
50 Backstroke	34.34	34.90	266	23/09/12	Bishops Stortford SC 4th Autumn Open Meet	Braintree	ER2402	3
100 Backstroke	1:13.92	1:15.00	279	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	ER2625	3
100 Individual Medley	1:19.53	1:19.50	237	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	ER2625	3