

# Individual Best Times (All Time)

Hannah Davies - (351735) - Carmarthen

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.58	27.80	563	21/12/13	BG Swim Wales National Championships	Swansea	WAL539	1
100 Freestyle	1:02.42	1:01.10	568	19/04/14	Welsh Age Group & Youth Championships	WNPS	WAL560	1
200 Freestyle	2:16.95	2:14.40	559	07/06/13	Cardiff International Open Meet	Cardiff	WAL501	1
400 Freestyle	5:06.59	5:02.00	452	02/07/11	Cardiff International Open Meet 2011	Cardiff	WAL371	1
800 Freestyle	10:05.63	9:56.00	512	01/08/13	Swim Wales Summer Nationals	Swansea	WAL511	1
1500 Freestyle	19:51.66	19:34.20	460	02/08/11	Welsh Summer Nationals	Swansea	WAL375	1
50 Breaststroke	38.33	37.50	440	13/04/13	City of Bristol Level One Open Meet	Bristol	SW3227	1
100 Breaststroke	1:23.00	1:21.50	461	29/03/13	BG Swim Wales AG & Yth & Senior Champs	Swansea	WAL483	1
200 Breaststroke	2:59.69	2:56.70	448	16/06/12	Cardiff International Open Meet	Cardiff	WAL437	1
50 Butterfly	30.53	29.90	512	02/11/14	Neath Open Meet	Swansea	WAL605	1
100 Butterfly	1:07.92	1:06.80	545	01/11/14	Neath Open Meet	Swansea	WAL605	1
200 Butterfly	2:45.16	2:43.20	401	01/11/14	Neath Open Meet	Swansea	WAL605	1
50 Backstroke	34.73	34.10	462	18/05/13	Swim Swansea Annual LC Meet	Swansea	WAL496	1
100 Backstroke	1:11.19	1:10.10	522	20/12/13	BG Swim Wales National Championships	Swansea	WAL539	1
200 Backstroke	2:35.55	2:33.40	496	21/12/13	BG Swim Wales National Championships	Swansea	WAL539	1
200 Individual Medley	2:35.13	2:32.60	537	09/06/13	Cardiff International Open Meet	Cardiff	WAL501	1
400 Individual Medley	5:35.17	5:29.90	499	13/05/12	Swim Swansea Long Course Meet	Swansea	WAL428	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.12	28.90	542	01/02/14	West Wales Regional Championships	Haverfordwest	WAL546	2
100 Freestyle	59.93	1:01.30	589	02/03/14	Llanelli Open Meet 2014	Llanelli	WAL552	2
200 Freestyle	2:13.78	2:16.30	560	01/03/14	Llanelli Open Meet 2014	Llanelli	WAL552	2
400 Freestyle	4:53.79	4:58.50	487	12/02/12	West Wales Regional Championships	Haverfordwest	WAL411	2
800 Freestyle	10:17.20	10:26.50	462	21/05/11	Pembrokshire Whitsun Weekender	Haverfordwest	WAL361	1
1500 Freestyle	19:53.68	20:10.90	440	22/05/11	Pembrokshire Whitsun Weekender	Haverfordwest	WAL361	1
50 Breaststroke	36.75	37.60	460	05/10/14	Llanelli Autumn Meet 2014	Llanelli	WAL595	4
100 Breaststroke	1:20.73	1:22.30	460	05/10/14	Llanelli Open Meet 2015	Llanelli	WL150527	2
200 Breaststroke	2:53.39	2:56.40	467	30/11/14	West Wales Sub Regional Competition 2014	Haverfordwest	WAL610	2
50 Butterfly	29.17	29.80	583	21/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
100 Butterfly	1:04.93	1:06.10	576	02/03/14	Llanelli Open Meet 2014	Llanelli	WAL552	2
200 Butterfly	2:30.24	2:32.30	504	30/11/13	West Wales Sub Regional Championships	Haverfordwest	WAL535	4
50 Backstroke	31.35	32.00	522	31/01/15	SWWR Regional Championships	Haverford West	WL150523	2
100 Backstroke	1:07.47	1:08.60	538	20/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
200 Backstroke	2:26.20	2:28.50	538	08/02/14	West Wales Regional Championships	Haverfordwest	WAL547	2
200 Individual Medley	2:27.26	2:29.90	566	02/03/14	Llanelli Open Meet 2014	Llanelli	WAL552	2
400 Individual Medley	5:23.63	5:29.00	512	11/02/12	West Wales Regional Championships	Haverfordwest	WAL411	2
100 Individual Medley	1:08.58	1:08.60	559	21/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1