

Individual Best Times (All Time)

Jessica Jackson - (348931) - Putteridge Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.81	25.00	765	14/12/17	Swim England Winter Championships 2017	Sheffield	ASA154	1
100 Freestyle	55.09	53.60	826	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
200 Freestyle	2:00.50	1:57.60	821	18/04/17	British Swimming Championships 2017	Sheffield	BSW001	1
400 Freestyle	4:24.52	4:19.20	704	02/05/15	ASA East Region Summer Championships Weekend 1	Luton	ER150672	1
800 Freestyle	9:42.05	9:32.00	577	08/05/10	Radford Annual Open Meet	Sheffield	EM0119	1
200 Breaststroke	3:13.39	3:10.60	359	06/06/09	East Region BAGCATS	UEA Norwich	ERX913	1
50 Butterfly	28.02	27.30	662	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170119	1
100 Butterfly	1:03.62	1:02.40	663	19/11/17	Plymouth Leander Winter National Qualifier Open	Plymouth	SW171930	1
50 Backstroke	36.26	35.70	406	10/01/09	City of Derby Open Meet	Sheffield	EM9047	1
100 Backstroke	1:08.83	1:07.70	577	08/12/12	London Arena League Final	Basildon	ER2810	1
200 Backstroke	2:26.85	2:24.60	589	10/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	ERX201	1
200 Individual Medley	2:25.60	2:22.90	649	02/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	ERX201	1
400 Individual Medley	5:17.81	5:12.20	585	12/06/10	East Region BAGCATS	Norwich	ERX013	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.19	26.00	754	18/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
100 Freestyle	53.81	55.30	814	15/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
200 Freestyle	1:56.08	1:59.00	858	18/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
400 Freestyle	4:22.23	4:27.50	686	09/11/14	Barnet Cophall Middle Distance Meet	Barnet	LR14003	2
800 Freestyle	9:55.66	10:05.30	514	04/12/09	City of Leicester Distance	Leicester	EM9310	2
1500 Freestyle	18:43.76	19:02.00	527	27/02/10	Bedfordshire Champs	Biggleswade	CC0041	2
50 Breaststroke	35.17	36.10	524	28/09/14	Hatfield Club Championships	Hatfield	ER14124	4
100 Breaststroke	1:27.60	1:29.00	360	13/02/10	Biggleswade Club Champs	Biggleswade	ER0035	4
200 Breaststroke	2:58.26	3:01.20	430	16/10/10	Flitwick Dolphins Open Meet	Biggleswade	ER0566	3
50 Butterfly	27.51	28.20	696	16/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
100 Butterfly	1:01.98	1:03.20	663	08/11/14	NASL London Rounds Premier Division	Hatfield	ER14057	2
200 Butterfly	2:28.78	2:30.90	519	23/09/13	Hatfield Club Championships	Hatfield	ER3770	4
50 Backstroke	30.25	30.90	581	28/09/14	Hatfield Club Championships	Hatfield	ER14124	4
100 Backstroke	1:04.74	1:06.00	609	12/07/14	Hatfield Summer Spectacle at the Sports Village	Hatfield	ER4749	2
200 Backstroke	2:21.84	2:24.20	589	13/05/12	Hatfield SC UK Challenge	Hatfield	ER2331	2
200 Individual Medley	2:18.03	2:20.90	688	10/12/16	NSL Western Premier Division Final	Newport	WL162366	2
400 Individual Medley	5:16.80	5:22.30	546	09/04/10	City of Peterborough Meet	Peterborough	ER0006	2
100 Individual Medley	1:06.05	1:06.10	626	28/09/14	Hatfield Club Championships	Hatfield	ER14124	4