

Individual Best Times (All Time)

Adam Gibson - (348636) - Staines Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.55	30.20	317	27/02/16	Staines Black Swan B & C Grade Meet	Walton on Thames	SE160311	3
100 Freestyle	1:05.51	1:06.80	320	11/07/15	Black Swan Summer Open Meet 2015 (non nat qual)	Walton-on-Thames	SE151021	3
200 Freestyle	2:32.97	2:35.20	274	21/11/15	Black Swan Winter Open Meet 2015	Walton-on-Thames	SE151636	3
400 Freestyle	5:50.32	5:54.30	222	12/10/14	Staines Club Championships	Englefield	SE14370	4
1500 Freestyle	22:53.88	23:08.90	234	29/11/14	Staines Club Championships	Staines	SE14375	4
50 Breaststroke	46.62	47.30	153	19/09/15	Staines Club Championships 2015	Knowle Green	SE151739	4
100 Breaststroke	1:46.19	1:47.40	141	20/09/15	Staines Club Championships 2015	Spelthorne	SE151740	4
200 Breaststroke	3:49.00	3:51.30	144	20/01/13	Staines Club Championships	Staines	SE3017	4
50 Butterfly	35.13	35.70	237	27/02/16	Staines Black Swan B & C Grade Meet	Walton on Thames	SE160311	3
100 Butterfly	1:22.93	1:23.80	191	20/09/15	Staines Club Championships 2015	Spelthorne	SE151740	4
200 Butterfly	3:30.32	3:31.80	131	17/10/15	Staines Club Championships 2015	Spelthorne	SE151742	4
50 Backstroke	39.09	39.60	180	19/09/15	Staines Club Championships 2015	Knowle Green	SE151739	4
100 Backstroke	1:23.86	1:24.80	191	21/11/15	Black Swan Winter Open Meet 2015	Walton-on-Thames	SE151636	3
200 Individual Medley	3:19.09	3:21.10	166	24/09/13	Staines Club Championships	Elmbridge	SE3674	4
400 Individual Medley	6:49.12	6:53.40	189	05/10/14	Staines Club Championships	Staines	SE14369	4
100 Individual Medley	1:21.48	1:21.50	221	27/02/16	Staines Black Swan B & C Grade Meet	Walton on Thames	SE160311	3