

# Individual Best Times (All Time)

Emma Wilkins - (34662) - Chase SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.31	24.50	811	26/06/13	British Gas Swimming Championships	Sheffield	ASA126	1
100 Freestyle	55.27	53.70	818	29/03/13	City of Sheffield Premier Meet 2013	Sheffield	NE3171	1
200 Freestyle	2:03.62	2:00.80	760	17/12/11	Northampton Winter Festival Open Meet	Corby	EM1466	1
400 Freestyle	4:34.46	4:29.30	630	15/09/07	ESSA Divisional Gala	Manchester	NW7315	3
800 Freestyle	9:58.63	9:48.90	531	01/05/05	Midland District Youth Champs	Coventry	DCM505	1
50 Breaststroke	42.14	41.40	331	18/09/04	ESSA Division 7 Champs Level 2	Stockport	L2N201	1
100 Breaststroke	1:30.64	1:29.20	354	02/10/05	Robin Hood Open Meet	Sheffield	EM5008	2
200 Breaststroke	3:18.54	3:15.90	332	08/05/04	City of Coventry Junior Meet	Coventry	L2M099	1
50 Butterfly	26.75	26.00	761	28/07/15	British Summer Championships	Sheffield	ASA141	1
100 Butterfly	1:00.42	59.20	774	31/07/13	BG ASA National Youth Championships	Sheffield	ASA128	1
200 Butterfly	2:39.16	2:37.20	448	27/05/06	Sheffield No Frills	Sheffield	NE6078	1
50 Backstroke	30.23	29.60	701	14/01/12	City of Derby 11th Long Course Open Meet	Sheffield	EM2018	1
100 Backstroke	1:05.28	1:04.00	677	15/10/11	Lincoln Vulcans Open Meet	Sheffield	EM1237	1
200 Backstroke	2:38.37	2:36.20	470	01/04/06	Sheffield Premier Meet	Sheffield	NE6076	1
200 Individual Medley	2:30.76	2:28.10	585	14/12/07	Plymouth Long Course Open	Millfield	SW7408	1
400 Individual Medley	5:27.33	5:21.90	535	05/11/06	Midlands Championships	Coventry	WMR621	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.60	25.40	809	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
100 Freestyle	54.03	55.60	804	21/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
200 Freestyle	2:03.79	2:06.60	707	07/11/10	South West Region Champs	Millfield	SWR007	2
400 Freestyle	4:31.36	4:36.50	619	08/04/07	City of Birmingham Open	Birmingham	WM7012	1
800 Freestyle	9:23.63	9:33.80	607	17/03/07	Staffordshire Champs	Wolverhampton	CC7074	2
50 Breaststroke	37.90	38.70	419	17/03/07	Staffordshire Champs	Wolverhampton	CC7074	2
100 Breaststroke	1:21.15	1:22.70	453	05/03/06	Staffordshire County Champ	Wolverhampton	CC6060	2
200 Breaststroke	3:01.37	3:04.30	408	30/10/04	Roe Buck Open Meet	Wolverhampton	L2M155	2
50 Butterfly	26.08	26.80	816	08/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
100 Butterfly	58.23	59.50	799	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
200 Butterfly	2:28.13	2:30.20	526	05/03/06	Staffordshire County Champ	Wolverhampton	CC6060	2
50 Backstroke	28.39	29.10	703	15/11/14	BUCS Short Course 2014	Sheffield	BUC010	2
100 Backstroke	1:06.75	1:07.90	556	17/11/07	Haslemere Open Meet	Haslemere	SE7043	1
200 Backstroke	2:30.48	2:32.70	493	14/01/06	Holywell Valentine 2006	Holywell	WAL096	1
200 Individual Medley	2:28.58	2:31.20	551	03/03/07	Staffordshire Champs	Wolverhampton	CC7073	2
400 Individual Medley	5:09.28	5:14.90	586	19/03/06	Staffordshire County Champ	Wolverhampton	CC6061	2
100 Individual Medley	1:03.67	1:03.70	699	07/08/09	British Gas Grand Prix	Leeds	ASA095	1