

Individual Best Times (All Time)

Lewis Winberg - (343527) - Beau Sejour Barracuda SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|----------------|---------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 27.49 | 26.70 | 440 | 07/02/16 | Hampshire County Swimming Championships 2016 | Portsmouth | SE160577 | 1 |
| 100 Freestyle | 1:02.87 | 1:01.50 | 414 | 15/03/14 | Hampshire County Championships | Portsmouth | CC4116 | 1 |
| 200 Freestyle | 2:19.40 | 2:16.90 | 391 | 16/03/14 | Hampshire County Championships | Portsmouth | CC4116 | 1 |
| 50 Butterfly | 31.10 | 30.50 | 367 | 06/02/16 | Hampshire County Swimming Championships 2016 | Portsmouth | SE160577 | 1 |
| 50 Backstroke | 32.88 | 32.30 | 367 | 07/02/16 | Hampshire County Swimming Championships 2016 | Portsmouth | SE160577 | 1 |
| 100 Backstroke | 1:11.15 | 1:10.00 | 381 | 06/02/16 | Hampshire County Swimming Championships 2016 | Portsmouth | SE160577 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|---|------------|----------|-------|
| 50 Freestyle | 25.92 | 26.70 | 470 | 01/07/18 | The Barracuda 30th Open Meet 2018 | Guernsey | SE180472 | 2 |
| 100 Freestyle | 58.92 | 1:00.30 | 440 | 23/10/16 | Walkers Tigers Annual Autumn Open Meet 2016 | St Brelade | SE160837 | 2 |
| 200 Freestyle | 2:11.37 | 2:14.00 | 432 | 24/10/15 | Walkers Tigers 34th Autumn Open Meet 2015 | Jersey | SE150815 | 2 |
| 400 Freestyle | 5:00.31 | 5:05.00 | 353 | 16/10/13 | Beau Sejour Barracudas Specsavers Series | Guernsey | SE3367 | 4 |
| 1500 Freestyle | 18:43.86 | 19:02.10 | 427 | 28/11/15 | Beau Sejour Barracudas Specsavers Series | Guernsey | SE150423 | 4 |
| 50 Breaststroke | 39.30 | 40.10 | 255 | 25/10/14 | Walkers Tigers 33rd Autumn Open Meet | Jersey | SE4529 | 3 |
| 100 Breaststroke | 1:28.84 | 1:30.20 | 240 | 04/06/14 | Beau Sejour Barracudas Specsavers Series | Guernsey | SE4200 | 4 |
| 200 Breaststroke | 3:14.32 | 3:17.00 | 236 | 07/10/14 | Beau Sejour Barracudas Specsavers Series | Guernsey | SE4200 | 4 |
| 50 Butterfly | 29.13 | 29.80 | 416 | 29/06/18 | The Barracuda 30th Open Meet 2018 | Guernsey | SE180472 | 2 |
| 100 Butterfly | 1:07.33 | 1:08.40 | 357 | 30/06/18 | The Barracuda 30th Open Meet 2018 | Guernsey | SE180472 | 2 |
| 200 Butterfly | 2:45.48 | 2:47.40 | 269 | 23/09/15 | Beau Sejour Barracudas Specsavers Series | Guernsey | SE150418 | 4 |
| 50 Backstroke | 31.02 | 31.70 | 362 | 19/03/16 | Guernsey Island Championships (Closed) | Guernsey | SE160781 | 3 |
| 100 Backstroke | 1:07.50 | 1:08.70 | 367 | 22/11/15 | Rothschilds Island Championship | Guernsey | SE151707 | 3 |
| 200 Backstroke | 2:35.73 | 2:37.90 | 312 | 10/09/14 | Beau Sejour Barracudas Specsavers Series | Guernsey | SE4200 | 4 |
| 200 Individual Medley | 2:28.76 | 2:31.40 | 400 | 25/10/15 | Walkers Tigers 34th Autumn Open Meet 2015 | Jersey | SE150815 | 2 |
| 400 Individual Medley | 5:59.95 | 6:04.80 | 277 | 13/11/13 | Beau Sejour Barracudas Specsavers Series | Guernsey | SE3367 | 4 |
| 100 Individual Medley | 1:10.69 | 1:10.70 | 338 | 21/11/14 | Guernsey Island Championships | Guernsey | SE14543 | 3 |